

OCEANFest Final Preparations

The final preparations are in full swing for the Ocean Festival. The new format promises to provide a great evening of fun, entertainment and good food. Attendees will also have the chance to dig for an 18ct Gold Diamond and Pearl Pendant valued at \$2,500 provided by Underwood's Fine Jewellers, as well as enjoy the fireworks display at the close of the evening.

It has been heartening to see the support given to this event by families and we thank everyone for the assistance they have already given. Families are reminded that all raffle tickets and monies were to be returned to the main office by Friday, 9th August. Rosters are being finalised for food stalls through the Pastoral Care Groups across the Middle and Senior College. Ride passes and tickets for the Pearl Pendant Treasure Hunt will be on sale each morning before school next week.

It will be a great way to spend your Friday evening so invite family, friends and neighbours along to enjoy a fun-filled night.

Principal's Log

On Monday at the Prep - Year 5 assembly, we acknowledged the contribution of Mrs Louise Broad through her work as part of the Friends of Pacific over the past nine years. Mrs Broad, as well as fulfilling the role of secretary of the Friends of Pacific, has worked quietly and diligently behind the scenes to assist in the organisation of Ocean Festivals, Golf Days, various fund raising activities and other social events. We thank her for her contribution.

Congratulations to all Year 7 to 12 students for their participation at the athletics carnival last week. Well done to Mumba House for their win and to our sports staff of Mr Gary Graves, Mr Darren Hooper, Mrs Drogemuller, Mr Duncan McNee, Mr Parrish MacLeod and Mr Mark Hauser for their organisation and set up.

Our Year 8 debating team of Isabelle Dinu, Imogen Joppich, Darcy Campbell and Paige Layfield competed against Brisbane Girls Grammar last night. While being very competitive, they were eliminated from the finals. It has been

an incredible achievement for the team as they were one of only five Sunshine Coast Year 8 teams that made it to the Brisbane finals where they moved from a field of 64 teams into the final sixteen. The adjudicator was very complimentary and gave them much valuable feedback that they will be able to utilise next year.

We look forward to the Ocean Festival next week and thank our organising team for the considerable time and energy they have already contributed. Some changes to parking arrangements and pick-up will occur on the Friday and so families are asked to be mindful at drop-off and pick-up times to ensure the safety of students.

May God grant us all a strong sense of belonging as we join together as community to learn, work and play.

Dr Bronwyn Dolling, Principal

Friday, 16th August
Free Clothes Day - \$1

Suitable and warm enough clothing to carry on into the evening for the OCEANFest.

Daily Bread

Malala Points to Wisdom

On Saturday, 13th July, the United Nations Youth Assembly resounded with a call to action from Malala Yousafzai. Malala is the young Pakistani teenager who was shot in the head by Taliban activists. Why was she shot? Malala was shot because she was campaigning and publicly speaking to her Pakistani people in support of the right to education for all women and girls.

In her speech to the United Nations, Malala said, "Dear sisters and brothers, now it's time to speak up. So today, we call upon the world leaders to change their strategic policies in favour of peace and prosperity. We call upon the world leaders that all the peace deals must protect women and children's rights. A deal that goes against the dignity of women and their rights is unacceptable. We call upon all governments to ensure free compulsory education for every child all over the world. We call upon all governments to fight against terrorism and violence, to protect children from brutality and harm. We call upon the developed nations to support the expansion of educational opportunities for girls in the developing world. We call upon all communities to be tolerant - to reject prejudice based on cast, creed, sect, religion or gender and to ensure freedom and equality for women so that they can flourish. We cannot all succeed when half of us are held back. We call upon our sisters around the world to be brave - to embrace the strength within themselves and realise their full potential. Dear brothers and sisters, we want schools and education for every child's bright future."

Most of the problems that Malala highlighted are already solved in our country. We take for granted most of these things and forget that others suffer great deprivation because of the loss of rights.

In the book of Proverbs, we are encouraged to take hold of the opportunity to grow in wisdom and understanding, and to find ways of justice for all, including the needs of women and girls highlighted in Malala's speech. In Proverbs Chapter 2, we read: "For the Lord gives wisdom; from His mouth come

knowledge and understanding; . . . Then you will understand righteousness and justice and equity, every good path; for wisdom will come into your heart, and knowledge will be pleasant to your soul . . ."

Pastor Paul Smith

From the Head of Senior School Students

Pacific Lutheran Alumni

Pacific Lutheran College is currently collecting information in order to establish connections with past graduating students of the college.

The majority of information provided will be used by the college to keep you informed about upcoming events. At different times, you will be invited to share personal updates and below are some reflections shared by some of the college's past students. If you are a past graduate of the college and would like to share your story post-PLC, please update your information at the link; <http://surveymonkey.com/s/pacificalumni>.

Thank you for taking the time to update your details in advance. We aim to keep you up to date about what is happening, both at the college and about past students. Please enjoy reading the below story from one of our past students, Cohen Bell, provided by his parents.





Cohen Bell

- Graduated Pacific 2010, School Vice-Captain.
- 3rd Year Undergraduate Mining Engineer - University of Queensland, Brisbane.
- 2010 Duke of Edinburgh Gold Medallion recipient.
- 2012 Price Waterhouse Coopers Student of the Year, University of Queensland
<http://www.pwc.com.au/careers/student/student-experience-award/2012.htm>
<http://www.pwc.com.au/careers/assets/student/award/Student-Experience-Award-CBell-12.pdf>

Cohen is currently a third year undergraduate mining engineering student studying at the University of Queensland.

Becoming a mining engineer has been a tremendous experience and Cohen is excited to be pursuing a rewarding career path in his university studies. Cohen is a very dedicated, passionate and hard-working scholar committed to fulfilling the high demand for mining engineers.

Cohen has been fortunate to be employed by the highly respected Australian company, Downer EDI Mining. For the past 18 months he has served as an Undergraduate working a few days per week under the tutelage of the Mining Engineering management team at their Southbank office in between his full-time program at UQ. Cohen also spends his university vacation periods undertaking paid work experience across some of Downer's Mining Operations for up to four weeks at a time. This has provided Cohen invaluable 'hands-on real world' mining experience before he even graduates. Cohen has also worked at the Currimundi OzCare Aged Care facility up until early this year since age 14 and still takes time to drop in to visit some of the residents he assisted.

The goal of becoming an engineer for this important Australian industry does not come without its commitments and requirements. Leadership, teamwork, communication, commitment and dedication to working environments play a

big role in being awarded a well-positioned job in the industry.

Throughout his scholastic life, Cohen has undertaken numerous leadership positions including Primary School Captain and Vice-Captain at Pacific. Cohen has been a part of leadership groups for state representative sports (Qld), has represented Pacific in volunteer overseas aid in Cambodia and received numerous awards of merit including the Duke of Edinburgh Gold Medallion and appreciation from NPO organisations such as OzCare. However, Cohen is the first to tell you the grounding, guidance and direction he received at Pacific has been pivotal to his already burgeoning career, not to mention the importance of Mathematics and Physics.

Upon Cohen's return from a current European vacation with fellow Pacific friends, Cohen will then head to the University of Toronto in Canada to undertake and complete his third year studies. Canada has a number of universities which provide very mining centric programs and the opportunity came about through the encouragement of UQ and Downer EDI Mining to broaden his experiences and knowledge.

2014 will be a busy year completing his degree but always ambitious, Cohen already has made plans to complete a Master's Degree with a view to possibly undertaking post-graduate doctorate studies in the future.

Miss Kim Stone, Head of Senior School Students

From the Head of Teaching and Learning K-5

25 Ways to Talk So Children Will Listen

A major part of discipline is learning how to talk with children. The way you talk to your child teaches them how to talk to others. Here are some talking tips we have learned with our children:

1. **Connect Before You Direct** - Before giving your child directions, squat to your child's eye level and engage your child in eye-to-eye contact to get their attention. Teach them how to focus: "Mary, I need your eyes." or "Billy, I need your ears." Offer the same body language when listening to the child. Be sure not to make your eye contact so intense that your child perceives it as controlling rather than connecting.

2. **Address the Child** - Open your request with the child's name, "Lauren, will you please . . ."
3. **Stay Brief** - We use the one-sentence rule: Put the main directive in the opening sentence. The longer you ramble, the more likely your child is to become parent-deaf. Too much talking is a very common mistake when dialoging about an issue. It gives the child the feeling that you are not quite sure what it is you want to say. If they can keep you talking they can get you side-tracked.
4. **Stay Simple** - Use short sentences with one-syllable words. Listen to how kids communicate with each other and take note. When your child shows that glazed, disinterested look, you are no longer being understood.
5. **Ask Your Child to Repeat the Request Back to You** - If they can't, it is too long or too complicated.
6. **Make an Offer the Child Cannot Refuse** - You can reason with a two or three-year-old, especially to avoid power struggles. "Get dressed so you can go outside and play." Offer a reason for your request that is to the child's advantage and one that is difficult to refuse. This gives them a reason to move out of their power position and do what you want them to do.
7. **Be Positive** - Instead of "no running", try "Inside we walk, outside you may run."
8. **Begin your Directives With "I want"** - Instead of "Get down", say "I want you to get down." Instead of "Let Becky have a turn", say "I want you to let Becky have a turn now." This works well with children who want to please but do not like being ordered. By saying "I want", you give a reason for compliance rather than just an order.
9. **"When . . . Then"** - "When you get your teeth brushed, then we'll begin the story." "When your work is finished, then you can watch TV." "When" which implies that you expect obedience, works better than "if" which suggests that the child has a choice when you do not mean to give him one.
10. **Legs First, Mouth Second** - Instead of hollering, "Turn off the TV, it's time for dinner!" walk into the room where your child is watching TV, join in with your child's interests for a few minutes and then, during a commercial break, have your child turn off the TV. Going to your child conveys you are serious about your request; otherwise children interpret this as a mere preference.
11. **Give Choices** - "Do you want to put your pajamas on or brush your teeth first?" "Red shirt or blue one?"
12. **Speak Developmentally Correctly** - The younger the child, the shorter and simpler your directives should be. Consider your child's level of understanding. For example, a common error parents make is asking a three-year-old, "Why did you do that?" Most adults cannot always answer that question about their behavior. Try instead, "Let's talk about what you did."
13. **Speak Socially Correctly** - Even a two-year-old can learn "please". Expect your child to be polite. Children should not feel manners are optional. Speak to your children the way you want them to speak to you.
14. **Speak Psychologically Correctly** - Threats and judgmental openers are likely to put the child on the defensive. "You" messages make a child clam up. "I" messages are non-accusing. Instead of "You'd better do this . . ." or "You must . . ." try "I would like . . ." or "I am so pleased when you . . .". Instead of "You need to clear the table" say "I need you to clear the table." Do not ask a leading question when a negative answer is not an option. "Will you please pick up your coat?" Just say, "Pick up your coat, please."
15. **Write It** - Reminders can evolve into nagging so easily, especially for preteens who feel being told things puts them in the slave category. Without saying a word, you can communicate anything you need said. Talk with a pad and pencil. Leave humorous notes for your child. Then sit back and watch it happen.
16. **Talk the Child Down** - The louder your child yells, the softer you respond. Let your child ventilate while you interject timely comments: "I understand" or "Can I help?" Sometimes just having a caring listener available will wind down the tantrum. If you come in at their level, you have two tantrums to deal with. Be the adult for them.
17. **Settle The Listener** - Before giving your directive, restore emotional equilibrium, otherwise you are wasting your time. Nothing sinks in when a child is an emotional wreck.
18. **Replay Your Message** - Toddlers need to be told a thousand times. Children under two have difficulty internalising your directives. Most three-year-olds begin to internalise directives so that what you ask begins to sink in. Do less and less repeating as your child gets older. Preteens regard repetition as nagging.

19. **Let Your Child Complete the Thought** - Instead of "Don't leave your mess piled up", try "Matthew, think of where you want to store your soccer stuff." Letting the child fill in the blanks is more likely to create a lasting lesson.
20. **Use Rhyme Rules** - "If you hit, you must sit." Get your child to repeat them.
21. **Give Likable Alternatives** - You can't go by yourself to the park; but you can play in the neighbor's yard.
22. **Give Advance Notice** - "We are leaving soon. Say bye-bye to the toys, bye-bye to the girls . . ."
23. **Open Up a Closed Child** - Carefully chosen phrases open up closed little minds and mouths. Stick to topics that you know your child gets excited about. Ask questions that require more than a yes or no. Stick to specifics. Instead of "Did you have a good day at school today?" try "What is the most fun thing you did today?"
24. **Use "When you . . . I feel . . . because . . ."** - "When you run away from mummy in the store I feel worried because you might get lost."
25. **Close the Discussion** - If a matter is really closed to discussion, say so. "I'm not changing my mind about this. Sorry." You will save wear and tear on both you and your child. Reserve your "I mean business" tone of voice for when you do.

Mrs Sue Zweck, Head of Teaching and Learning K-5

From the Head of Staff and Students P-5

At Prep - Year 5 assemblies recently, I have been discussing with the students the ways we can be helpful and kind towards others. At this week's assembly, the Prep - Year 5 students, on behalf of the entire college community, had the pleasure of giving recognition to two individuals who have done much for both the college and the wider Sunshine Coast community.

The first was parent Mrs Louise Broad, who has given great service to the Friends of Pacific. The second was student Yazmin Ryan, who organised her Kmart store to raise funds for the Salvation Army.

As I mentioned to the students on Monday, never underestimate the value of what all of us can do as individuals. We

congratulate both Louise and Yazmin for their generosity and work. They stand as two excellent role models for all of us.

Chess Lessons

Continue on Mondays during lunchtime, starting at 1.00pm in the room next to Prep.

Prep - Year 2 Athletics

All Prep - Year 2 students are busily preparing for their athletics carnival which will be held on Wednesday, 28th August. The carnival will start at 9.00am and will be completed by 10.30am. Parents are most welcome at this exciting event.

Free Clothes Day

Next Friday, the Ocean Festival will be held. To help with the transition from school to the Festival, Friday 16th August will be a free clothes day. A flyer giving further details will be sent home next week.

Mr David Druery, Head of Staff and Students P-5

Students of the Week

Stars of the Week - This Week Monday, 29th July

Prep	Will Brandt Grace Cawley	Bailey Ackerman Mitchell Briese
Year 1	Hayley Barrett Macey Winter Oliver	Jett Forman
Year 2	Tiffany Szerenyi Riley Osborne	Christian Schlotterbach Evie Jacques
Year 3	Georgia Sharry Ella Hansen	Jacob Salvesen
Year 4	Jason Wulff Riley Burns Connor Dines	Jonothan Goodyear Olivia Gartrell Mitch Barwick
Year 5	Lleyton Quirey Abbey Woods Sophie Empson	Ariana Costa Nathan Gale



You Can Do It Awards

This week Monday, 29th July

Persistence: Hanna Meager

Getting Along: Lara Foxe Hooper and Ellie Dixon



Guitar Award

Congratulations to Mia Underhill for receiving the Guitar Award.



iPad Breakfast Next Week



Kawana Forest Meeting Place Expo

Sunshine 60 and Better Group Inc will be holding an Expo.

Wednesday, 18th September 2013

10.00am - 2.30pm

Kawana Forest Meeting Place

60 Woodlands Boulevard, Meridan Plains

Don't miss this wonderful opportunity to showcase your organisation. This Expo will include information stalls and displays of Belly Dancing, Gentle Exercise, Zumba Gold and Moving to Music.

The aim of this Expo is to raise community awareness of the great new premises now known as *Kawana Forest Meeting Place* for organisations and community groups wanting a lovely venue to hold their meetings or functions.

Please contact Sunshine 60 and Better Group Inc if you are interested in showcasing your organisation on 5443 7281 or email admin@sun60.com.au.

Please RSVP by Wednesday, 4th September 2013.

Food for Thought

The Importance of Play

Play is the way most humans, but especially young children, make sense of their world. Play-based learning is an important way to develop active learning. Active learning means using your brain in lots of ways.

What can children learn in play?

- Positive attitudes of self-motivation and self-direction,
- Self-confidence,
- Cooperation and group values,
- Curiosity, persistence and concentration,
- Language and numeracy.

<http://www.kidsactivities.com.au/article/58>

Mrs Annie Williams, School Counsellor

Personal Development and Outdoor Education

Year 7 National Capital Tour

A fortnight ago, the Year 7 students, six staff and a parent assistant returned from a very busy six days in Canberra. The group participated in several science, history and cultural exhibits, as well as visiting some of Canberra's famous landmarks. One of the many highlights for the students was the visit to the Australian War Memorial. In the weeks prior to departing for their adventure south, the students researched a soldier who had lost their life in a theatre of war. When visiting the War Memorial, the students found the name of their soldier on the Wall of Remembrance and placed a poppy next to their name. A lasting memory for me was the photo of one of our Year 7 student's placing his poppy in the wall whilst sitting on Mr Block's shoulders, as the student was too short to reach his soldier's name.

The visit to the National Capital was, in part, made possible by the Australian Government who contributed \$60 per touring student under the Parliament and Civics Education Rebate program. The college would like to acknowledge this payment and the Australian Government's recognition of the importance for young Australian's being able to visit their National Capital.

Planning is well under way for the 2014 National Capital Tour with plans for the touring group to visit several more and

different attractions.





Year 9 Challenge Camp

The college community wishes the Year 9 students and their Rite Journey teachers a safe and fun camp next week. The students and staff have discussed aspects of the camp over the last weeks of classes. The challenges include researching and using techniques to survive in the Australian bush, should they ever need such skills. They will work in the areas of water camp, shelter camp, search and rescue camp and with a partner spend "a night in the bush on our own". On this night, the students will receive two pieces of building plastic and are required to construct their own shelter for the night.

Year 11 Mountain Bike Expedition

Fifteen students and two assisting staff have nominated to participate in this year's expedition. The group will commence riding in the heart of Stanthorpe and will wind their way to Boonah via Girraween, Bald Rock and Boonoo Boonoo National Parks and the Condamine Gorge near Killarney. They will climb the Great Dividing Range twice and will gain over 2,500m in the seven days as they ride up and down the undulations of northern New South Wales and South East Queensland. They will also watch the sun rise from the top of Bald Rock, complete a day's rock climbing at Minto Crag (near Boonah) and complete two half-day walks in Girraween.

Two Mountain Bikes Needed - Can You Help?

Two students are in need of a mountain bike for the expedition. They will get the bike maintained / serviced both before and after the expedition. If you have a mountain bike that they could use, please contact Peter McMahon on 0448 277 789 as soon as possible. This simple act will allow two students who would not normally be able to participate in the expedition.

Student Drivers Safety Workshop

In the next week, parents of student 'P' plate and Learner drivers will receive information flyers regarding the second Basic and Advanced Driving Skills Development day for 2013. The programs will again be run by Safe Drive Australia at their Willowbank facility. The day is being held on Saturday, 12th October. The students are required to use the bus transport provided by Safe Drive Australia. The courses are open to any student who has their Learner's licence. To be considered for the Advanced Course, the student must have completed the Basic Course run by the provider.

*Dr Peter McMahon, Head of Personal Development
(incorporating Outdoor Education)*

Book Week News

In the lead up to Book Week, the library is busy with a number of events:

- After the success of Peter Carnavas' visit with the Prep - Year 4 students, two more authors will be visiting this week and next week.
- Many wonderful entries have been received in the sculpture competition. Lots of creativity and imagination have gone into the creations of aliens, spacecraft, robots, solar systems etc, which are on display in the library. Students this week will be voting on their favourites and the winners will be announced next week.
- The Book Fair will be held next week from Monday until Thursday in the library.
- Library staff and students are busy working on their costumes for the costume parade on Monday, 19th August.
- Classes are competing in the reading challenge, racing their space ships through the solar system to see who can make it to Pluto and the dwarf planets first and win a pizza party. So far, Prep R is in the lead with 277 books borrowed this term, but 2H is just one book behind.

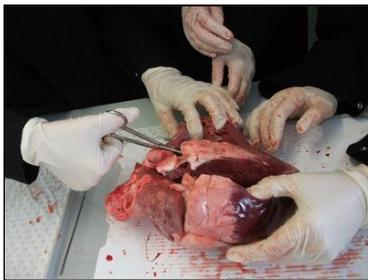
Ms Nell Keen, Teacher Librarian

Year 9 Science Mammal Heart Dissection

Over the last two weeks, all Year 9 students have enjoyed dissecting a cow's heart. This year is the first time that we have used cow's hearts, as the odour produced is minimal and they are significantly larger than pig's hearts. This means we were able to identify the arteries, the veins and the tricuspid and bicuspid valves. The hearts are about the size of a football so the students had the ability to really get their hands into the heart and discover all four sections including the left and right ventricles and the left and right atrium's. They discovered how and why the left ventricle is a lot more muscular because it pumps the oxygenated blood all around the body and less spongy compared with the right ventricle which only pumps blood a short distance to the lungs. The classroom environment was electric as they thoroughly enjoyed the experience including those that initially cringed at the idea. If you are interested in the process that the students followed, check out the You Tube clip that they followed to accurately dissect the heart.

<http://www.youtube.com/watch?v=-vsHg1f0XE>

The photos speak a thousand words . . . Just another day enjoying the circulatory system.



Miss Wendy Groves, Science and Mathematics Teacher



Want to help with OCEANFest?

Meeting every Tuesday morning, 8.30am in the library.

The Ocean Festival is just over a week away.

We are looking to borrow the following items for the evening:

- Eskies
- Gas ring burners and gas bottles
- Trestle tables
- Solar lights including fairy lights
- Bain Marie's

Also, if you like to bake, the Preps would love your help.

Cake containers can be picked up from outside the front of Prep from Monday, 14th August. Cakes can be dropped off at Prep on the morning of the festival or at the cake stall. Thank you.



Mrs Tracey Hindmarsh and Mrs Melissa Pollack

If you are on Facebook, click onto the **OCEANfest 2013 EVENT tab** that is linked to the PLC website and PLC FB page. You will then be kept in the loop about all the fabulous food, fun and festivities!



OCEANFest Flyers

Call on Pacific families: If you have a business and would be happy to display OCEANFest flyers, could you email admin@pacluth.qld.edu.au and we will send flyers home with your child.

Thank you for your assistance in promoting this event.

Mrs Jenny Lee



Expression of Interest

As of June 2013, some courses cannot be confirmed for delivery in 2014 due to contractual requirements or Government recommendations.

The SCTTTC is taking expressions of interest for courses they plan to offer but cannot confirm availability until later in the year for some delivery. Costs cannot be confirmed at this stage and are given as a guideline only.

Students interested in SCTTTC courses for 2014-2015 are asked to complete the Expression of Interest and return to their school coordinator. Once course details are finalised, details will be forwarded to all who have expressed interest and to all schools.

In 2014 the SCTTTC plans to offer:

- Certificate I in Construction (CPC10111)
Approximate cost - \$400
Focus is on general construction skills and workplace preparation.
- Certificate II Resources and Infrastructure Work Preparation (RII20109)
Approximate cost - \$220
Focus is on skills for civil construction including site preparation, formwork and workplace preparation.
- Cert II Sustainable Energy (Career Start) (JEE22111)
Approximate cost - \$850
This course is offered as a prevocational program for students focused on Electrical Apprenticeships or further study in Sustainable and Renewable Energy as their future pathway.
- Cert I Plumbing Services (39278QLD)
Cost: to be confirmed
This course is offered as a prevocational program for students focused on apprenticeships as their future pathway.
- Cert III Surveying and Spatial Information Services (CPP30112)
Cost: to be confirmed
This course is designed for the growth industry of surveying and has pathways for students into becoming Surveying Technicians.
- Integrated Learning in Engineering
Approximate cost - \$450

Students who participate in the ILE Program will study two of USC'S first year Engineering subjects (one in each semester) concurrently with school based Maths B studies.

Mr Ian Learoyd



TAFE Queensland

Parent / Guardian and Student Information Evening

This letter is to invite parent / guardians and students who will be studying Year 11 in 2014 to an Information Evening about the Health courses to be offered by Sunshine Coast TAFE in 2014 for the Senior Phase of Learning program. They proposed courses to be offered are Certificate III Allied Health Assistance and the Certificate III Health Administration.

Date: Tuesday, 20th August

Time: 6.00pm to 7.30 pm

Venue: Auditorium - A Block Sunshine Coast TAFE, Lady Musgrave Drive, Mountain Creek

You will be given information about the above courses during the evening which will assist students to decide if they wish to pursue a health course pathway at Sunshine Coast TAFE in 2014.

We look forward to seeing you at the Information evening.

Phone 5457 1000 / Fax 5457 1099

www.sunshinecoast.tafe.qld.gov.au

Ms Regina Andrews, Course Co-ordinator, Health Services team

Careers Department News

1. CAREERS IN AVIATION

For those students interested in a career in the aviation industry, there are a number of career information events being held in the near future.

- The AVIATION CAREER EXPO at the Aviation Australia premises, 25 Boronia Drive, Brisbane Airport on Saturday, 24th August.

- **FLY ARMY AVIATION CAREERS DAY** - Queens Park, Toowoomba on Tuesday, 27th August. Students who wish to attend this event must register with the Maroochydore Defence Force Recruitment Office. Please contact Colleen on 5459 8700 or cbrucebriggs@dfr.com.au
- Sunshine Coast Council's "Making the Connection" program will host an Aviation Career event on Tuesday, 10th September from 9.00am - 11.30am. Venue to be confirmation for either Mudjimba or Caloundra. Students will be able to link up with Sunshine Coast businesses which offer careers and training in the aviation industry. Interested students should let me know as soon as possible if they wish to attend.

2. TERTIARY OPEN DAYS

- **Saturday, 10th August:**
Australian Institute of Applied Sciences
(<http://aias.edu.au/about/upcoming-events/brisbane-open-day>)

Charlton Brown Open Day
(<http://www.charltonbbrown.com.au/news-and-media/events>)

JMC Academy - Register at:
www.jmccademy.edu.au
- **Sunday, 11th August:**

Griffith University (Gold Coast, Nathan and South Bank Campuses) - <http://www.griffith.edu.au/open-day>

University of the Sunshine Coast (Sippy Downs Campus) - <http://www.usc.edu.au/study/study-at-usc/open-day-and-information-events/open-day/usc-open-day.htm>
- **Sunday, 18th August:**

University of Queensland (Gatton Campus)
<http://www.uq.edu.au/schools/open-days>

QUT (Caboolture Campus) -
<http://www.qut.edu.au/study/events>

University of Southern Queensland (Toowoomba Campus) - <http://www.usq.edu.au>

3. CLOSING DATES FOR AUDITION FOR MUSIC PROGRAMS

Year 12 students who wish to study in any of the music programs at either Griffith University Conservatorium of

Music or the University of Queensland are reminded that they must apply for an audition by 5.00pm Monday, 12th August. They must also complete a QTAC application by Friday, 27th September.

Application forms can be downloaded from the respective websites:

<http://www.griffith.edu.au/music/queensland-conservatorium> or <http://www.uq.edu.au/music/>

4. NATIONAL INSTITUTE of DRAMATIC ART

Applications for entry to NIDA close on Monday, 30th September.

The NIDA Course Guide may be borrowed from the Career Office. All application, audition, interview and project requirements for the tertiary programs are available online at www.nida.edu.au.

5. TERTIARY SCHOLARSHIPS

Year 12 students should be checking the websites of all the universities that will be listed on their tertiary applications (QTAC, UAC, VTAC) to see what scholarships are available. The applications are usually completed online and often require references, details of community / school service, academic results /awards. The opening dates and closing dates for these applications will vary.

Scholarships may cover all or partial tuition fees and accommodation fees. Not all scholarships are for the academic high achievers. Equity scholarships offer a variety of support to the students.

Mrs Ainslie Reid, Careers Counsellor

Music News

Just Beat It!

On Sunday, 4th August the Percussion Ensemble performed at the Sunshine Coast Eisteddfods against very talented competition of ensembles in the Under 15 age group. The session was lead in by a very professional drummer in Sophie Dahl on the marching snare. The drummers on the full kit were Angus Frahn and Mackenzie Turner who showed their amazing skills in unison with a very fast beat. Mikaela Swann and Lily Croke performed with true talent on the xylophones and the whole group together performed a rousing rendition of *Daddy's Little Blister*. This piece, one of Mr Basil Barletta's many original pieces, was well received by the crowd and made a lasting impression on the audience. The talent of

these drummers was noted by many and they did Mr Barletta and Pacific's music program proud. Well done and congratulations on an awesome performance!



The Senior Pacific Voices have again been privileged to have received an invitation to participate in the service *Hymns We Love* at St Mark's Church, Caloundra on Sunday, 25th August at 7.45am.

The choir will sing *Sing to the Lord* and *The King of Love my Shepherd Is*.

We will also augment the singing of other well-known hymns with the congregation.

I would hope that members of the Senior Choir could make this a priority and be able to participate in this important community performance occasion. Participants should arrive at the church no later than 7.30am.

As a parent or guardian, you are also very warmly welcome to contribute and to take part in this service of praise.

Time of finishing is approximately 9.00am when everyone is invited to partake of morning tea.

The dress code for the performance is formal winter uniform.

Thank you so much for all your support and I am sure that the performers will *rise* to this *key* occasion in the choir's development.

Eisteddfod

The Eisteddfod season is upon us once again. The percussion players of Pacific, under the direction of Mr Barletta, the string players, under the direction of Miss Hutchinson, and a number of vocalists have all entered the arena of performance at the festival of music. We wish them every success in their quest for enjoyment and accomplishments, and we look forward to hearing about the results in the coming weeks.

Music Program

Finally, may I kindly bring to everyone's notice the conditions of enrolment in the college's Music Program. Particularly items 9 and 10. Pacific is privileged to have tutors of an excellent professional standard and it is only right and correct that parents and students *play their part* in the program.

Conditions of Enrolment:

1. Students will commit to the program for a minimum of one (1) semester.
2. Students bring all necessary equipment to lessons.
3. Students will maintain their instruments in playing condition.
4. Students will practice at least five (5) times per week.
5. Students will be expected to join college bands and ensembles on reaching an appropriate standard.
6. All students in an ensemble will be expected to attend all rehearsals and performances at which they have been requested to play.
7. Invoices will be issued at commencement of each term.
8. On receipt of Invoice, full payment is required within two (2) weeks.
9. Students/parents must notify the teacher 24 hours prior to any planned absences so an alternative lesson time can be arranged. However, if a student falls ill on their lesson day, the office should be notified and a message left for their tutor by 8.30am. No credits or catch up lessons will be given for lessons missed without prior notification to the teacher.
10. To withdraw from the program, one (1) months' notice prior to the end of the school semester should be given in writing.

Mr Adrian King, Head of Instrumental Music

Sports News

SECONDARY SPORT

College Touch

Congratulations to the college touch teams for a magnificent start to the Wednesday afternoon SCISSA touch competition.

Currently both the Open boys and Open girls are on top of the table with two first up wins.

The Open girls defeated St Andrews Anglican College 5-3 and then defeated Sunshine Coast Grammar School 11-0.

The Open boys defeated St Andrews Anglican College 15-0 and then defeated Sunshine Coast Grammar School 16-2.

Well done and please keep turning up to training on Friday afternoon.

Year 8-12 Athletics Carnival

Congratulations to Mumba for a magnificent win at the recent Year 8-12 Interhouse Athletics Carnival.

Total House Points	1 st	Mumba	1,246
	2 nd	Bula	1,216
	3 rd	Wira	1,190

Well done to the following record breakers on the day:

Daniel Reidy	15 boys shot put	13.36m
Peter Flitcroft	16 boys shot put	11.76m
Steven Jung	16 boys long jump	6.15m
	16 boys high jump	1.70m

Congratulations to the Age Champions on the day:

PLC 2013 BOYS Athletic Age Champion

Age	Place	Name	Points
13	3 rd	Oisin Quilligan	9
	2 nd	Drew Chaplin	16
	1 st	Ethan Hall	19
14	3 rd	Jake Hynes	7
	2 nd	Zane Gear	8
	1 st	Alexander Hall	21
15	3 rd	Matthew O'Keefe	6
	2 nd	William Lockley	8
	1 st	Jacob Hume	15
16	3 rd	Tim Lofthouse	8
	2 nd	Sam Hodgson	8
	1 st	Stephen Jung	13
Open	3 rd	Tom Land	8
	2 nd	George Warrenner	12
	1 st	Joshua McCully	15

PLC 2013 GIRLS Athletic Age Champion

Age	Place	Name	Points
13	3 rd	Kelsie Mackie	7
	2 nd	Georgia Woods	7
	1 st	Amie Thomas	22
14	3 rd	Kate Land	10

15	2 nd	Imogen Panaho	13
	1 st	Zoey Parfremont	13
	3 rd	Madi Layfield	7
16	2 nd	Briana Quirey	16
	1 st	Kristen Barr	17
	3 rd	Kate Hinschen	8
Open	2 nd	Shamini Bradfield	12
	1 st	Sophie Larsen	16
	3 rd	Melissa Synnott	11
Open	2 nd	Michelle Kerr	12
	1 st	Caitlin Gilliman	22

All students who finished first or second in Division A will be required to represent the college at the District Athletics Championships on Monday, 19th August (afternoon) and Tuesday, 20th August (day carnival) at the SCU athletics track.

Mr Gary Graves, Head of Sport

JUNIOR SPORT

Year 4 - 6 SCISSA Sport

The Semester 2 SCISSA season has almost begun. Students have been involved in selection trials for their sports. Teams have now been finalised and students will be required to have all of the compulsory playing equipment in order to play their sport (AFL - mouthguards, PLC playing shorts, PLC soccer/rugby socks, soccer - PLC soccer shorts and socks). Compulsory after school training begins next Monday (12th August) for all students. All students are required to attend these training sessions from 3.15pm - 4.15pm.

District Athletics

Congratulations to the Pacific athletics team who represented the school very well at the Independent District Athletics Carnival last week. Overall, the school finished fourth but were (once again) only a few points behind second place!

Special mentions to Jason Wulff and Caitlyn Whincop who were named the school's champion athletes for the day. Well done to all athletes who competed brilliantly. We had many podium finishes (too many to list in this article) and it was great to see the level that our students were competing at throughout the day. For a full review of the results, please visit the SCISSA website: scissasport.com

The **Lutheran Athletics Carnival** is also to be held next Friday (Pacific Ocean Festival day) at the University of the

Sunshine Coast. All members involved will be receiving information letters ASAP.

Junior Basketball Program (Years 2-7)

The Junior Basketball Program will once again be run for students in Years 2 - 7. Please note that this semester, the program will be run on WEDNESDAY afternoons (not Friday) for the remainder of the year. The program is set to begin in Week 8 of the term and all students will be receiving information letters throughout next week.

Mr Mark Hauser, Head of Junior Sport

Pacific Soccer Update



Round 16 - 3rd August

Our players and spectators again enjoyed the delightful weather last weekend, as Round 16



games were played across the Coast. Many of our teams were playing at the University of the Sunshine Coast. Thank you Stacey for providing a sample of some of the action.

In the competitive age groups, despite a great team effort, the U11 Pacific Tigerheads were defeated by Buderim Thunder, and U13 Pacific Seahorses scored twice, before going down 2-4 to Immanuel United.



U12 Pacific Barracudas had a comfortable win against Chancellor Cobras to secure second place on the table, three points behind Caloundra Gold. With two games remaining, Caloundra would have to be the favourites for the Minor Premiership and will have to lose a game to give the Pacific Barracudas a chance of moving to the top of the table.



U13B Pacific Marlins had a solid win against Chancellor Crusaders, to secure third place on the table, and will be playing in the finals series again this year. This has been a great result for the team which is made up of players from Year 7 and Year 8.

With several new players joining the Marlins for the first time this year, the team has come together well, and it has been good to see their teamwork continue to improve steadily throughout the season.



The U16/17 Pacific Jets had a close fought match against Nambour Sandcats, taking the game 3-2. The win by the Jets has secured them the Minor Premiership in the U16/17 age group.

This has been an outstanding effort because the entire team is made up of U14 and U15 players. Playing against older and larger players has been a credit to the skill level and the commitment shown by all of the players on the team.

A lot of the credit must also go to their coach, Mr Jarrod Rodios, who has been with the team for four years. Jarrod has been coming up from Brisbane several times each week for training sessions and match days, and we would like to thank him for his long-term commitment to his players and to Pacific Soccer.



Home Games - Round 17 (10th August) and Round 18 (17th August)

We have home games coming up this weekend (10th August) and next weekend (17th August).



Could everyone please remember that we do rely on the assistance from our families to allow the canteen to be operated during each home game. Therefore when each manager asks for volunteers for the team's roster, if everyone could help out, it will allow the canteen to function well, without placing all of the burden on just a few helpers.

Baking for Home Games



With home games coming up over the next few weeks, if you are able to assist with baking for the canteen, now is the time to organise your recipes and ingredients. The canteen always appreciates help with some baking, to perhaps prepare some muffins, biscuits, small cakes or treats.

Baking is especially popular with our spectators and players, who enjoy the home-made delicacies. Please contact Mark Christensen if you would like to help, or if you have any queries.

Rooball Carnival - 24th August

A final Rooball Carnival will be held on 24th August, providing a perfect way to end the 2013 season for the U6-U10 teams. Pacific Soccer will be hosting U6 teams at Pacific, as well as semi-final games.



Could the manager of each Rooball team please let us know, as soon as possible, if your players would like to play in the Rooball Carnival on 24th August.

Adermann Awards - 14th September

On 14th September, the annual Adermann Awards will be held at the Nambour Civic Centre, to recognise and celebrate outstanding performances throughout the 2013 season. In addition to awards for the Premiership teams, and the Grand Final winners and runners up in each age group, there are also two special awards which will be presented on the night.

The Adermann Award is presented to the player in the competitive age groups, who accumulates the most best-and-

fairest points throughout the season. These points are awarded by the referee after each match.

The Terry Reynolds Award is awarded to the representative player who best displays the skills, attitude and behaviour, which is expected of a player representing the SCCSA.

Several players from Pacific Soccer are generally nominated each year for both awards, and SACCSA Admin will advise each player in writing of their nomination, over the next couple of weeks.

Tickets for Adermann Awards

Tickets for the Adermann Awards are always hard to obtain, and, at this stage, Pacific Soccer has been issued sufficient tickets for only a few award nominees and players from two teams. Therefore it is important for ticket orders and menu selections to be confirmed and payment made without delay, to maximise the possibility of players and a family member being able to attend.

More specific information will also be sent out to the families of the competitive teams.

End of Season Breakup - 8th September

The 2013 Pacific Soccer breakup will again be held at Pacific Lutheran College on Sunday, 8th September from 1.00pm - 4.00pm.



More details regarding the breakup will be provided in the following weeks.

FINAL CHANCE - Recycle Mobiles and Help a Worthy Cause



The program to collect and recycle old mobile phones is concluding soon. The collection box will remain at Main Admin until Friday, 16th August.

Please support this program to raise money for research into childhood cancer, and help our environment. Remember to remove the SIM card and delete personal information.

Round 17 - 10th August

This weekend we have 15 Pacific Soccer teams playing at Pacific. Unfortunately the U11 Tigerheads will be playing Mooloolah Falcons, who also have a home game, and therefore we will not be able to see them on the field this weekend.

The games at Pacific commence at 8.30am, and the Jets play the last game which kicks off at 3.40pm.

Each manager will have game times, or visit www.SCCSA.org.au or call us for more info.

Pacific Soccer Contacts

Registrar: Jenny Lee 0400 229908
jengregg@optusnet.com.au
Treasurer: Lala Burnes 0404 487701
lala@assetaccounting.com.au
Canteen Mark Christensen 0433 201123
mark@j-club.net
President: Ian Barnes 0418 873320
design.IBAengineers@bigpond.com



Thank you everyone for the support you have provided for Pacific Soccer this season. For more information regarding our teams, our games, or the club, please do not hesitate to contact us.

Mr Ian Barnes, President

Did You Know?

Tea is believed to have been discovered in 2737BC by a Chinese emperor when some tea leaves accidentally blew into a pot of boiling water.

Tuckshop News

Are you able to help out for an hour or two in the tuckshop? We are DESPERATE for helpers at the moment as some of our regular volunteers are now working or are having babies.

Don't forget you can order on-line!! Please look at our website for more information.

Mrs Carrie Dickson, Tuckshop Convenor

Uniform Shop

The Uniform Shop is open every:

Wednesday 8.00am to 9.30am
Thursday 8.00am to 9.30am
Friday 8.00am to 9.30am

Long trousers are available for boys from Years 1 to 12 to wear with their formal uniform if they are feeling the cold. They are priced from \$35.00 - \$47.00.

Now that the cold weather has arrived, we have plenty of jumpers, track tops and track pants available. We also have a school scarf available for \$25.50 that is soft, cosy and warm.

On line ordering is now available. Go to the college website and click on the link or go to www.flexischools.com.au and then find your school.

Orders will be delivered to your child's class room.

Mrs Donna Hollindale, Uniform Shop Coordinator

Upcoming Dates

AUGUST

- 12-16 Year 9 Camp at Glastonbury
- 15 Year 4-6 SCISSA v Sunshine Coast Grammar School
- 16 Primary Lutheran Athletics Carnival (USC)
- 16 Ocean Festival
- 19-23 Book Week
- 19 Trimester 3 Begins
- 19 Keep Australia Beautiful Week
- 20 Year 8-12 District Athletics (9.00am - 6.00pm)
- 22 Year 4-6 SCISSA v Caloundra Christian College
- 26 Year 8-12 Lutheran Athletics
- 28 ELC and Kindy Father's Day Evening
- 28 P-2 Athletics Carnival
- 29 Year 4-6 SCISSA v Good Shepherd Lutheran College
- 30 Dad's and Lad's Breakfast (7.00am)

PACIFIC LUTHERAN COLLEGE

College Site: Woodlands Boulevard,
MERIDAN PLAINS QLD 4551
(via Erang Street)

Principal: Dr Bronwyn Dolling

Main Office Tel: (07) 5436 7300
Fax: (07) 5436 7301
Middle & Senior College Office: (07) 5436 7315
Absentee Line: (07) 5436 7303

www.pacificlutheran.qld.edu.au
Email: admin@pacluth.qld.edu.au



Woodlands Boulevard,
MERIDAN PLAINS QLD 4551

For ENROLMENTS, please call
Mrs Chris Henschke (07) 5436 7321

Direct contact phone numbers are:
Sessional Kindergarten (07) 5436 7377 Early Learning Centre (07) 5436 7387

CALOUNDRA LUTHERAN CHURCH

Invites You To
Sunday Services:



7.45am St Mark's Lutheran Church
16 Bombala Terrace, Caloundra

9.30am Pacific Lutheran College
Woodlands Boulevard, Meridan Plains
Worship in the undercroft area - with
a special children's program.

For more information contact the Church office on
5492 8848

*All newsletters can be accessed in a printable
format via our website
www.pacificlutheran.qld.edu.au, click on the
"News and Events" tab, then "Publications".*

Book Week 2013

Costume Parade

When: Monday, 19th August

Where: Assembly

What: Dress up in a space-themed costume

Prizes awarded for the most creative and original costumes. Costume ideas:
astronaut, robot, alien, Doctor Who, Star Trek, Star Wars, planet, rocket, star



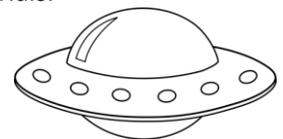
Sculpture Competition

Make an alien, robot, space ship or other space-themed creation.

Sculptures can be made out of any recycled materials.

Prizes for the most original and creative works!

Due Date: Friday, 9th August



Read Across the Universe



Rafflefest 2013

OCEAN FEST 2013

PACIFIC LUTHERAN COLLEGE

Like to win a 'BMW for the weekend' or perhaps a mountain bike?
With stacks of amazing prizes up for grabs - make sure you enter in
our HUGE RAFFLEfest – only \$2 a ticket!



OCEAN FEST 2013
PACIFIC LUTHERAN COLLEGE
OCEAN Fest 2013
Main Raffle

Tickets \$2.00

Pacific Lutheran College, Friends of Pacific,
Drawn Friday 16th August 2013

Name: _____

Address: _____

Phone: _____

OCEAN FEST 2013
PACIFIC LUTHERAN COLLEGE

OCEAN Fest 2013
Main Raffle

Tickets \$2.00

'A Friends of Pacific Community Event'

To be drawn at the Pacific Ocean Festival on Friday 16th August (evening). Pacific Lutheran College,
Woodlands Boulevard, Meridan Plains. Prizewinners to be announced from stage or contacted if not at the event



Viking Nemo Kayak - including paddle, seat & trolley. Value \$854
donated by Viking Kayak Shop, Nicklin Way, Warana



Mountain Bike - Fluid 26 inch Mountain Bike in Green/Black. Value \$700
donated by Anaconda, Kawana Home Central



Private Sunset Cruise - Sunset Cruise for up to 40 guests (bvo drinks/nibbles). Value \$620
donated by Caloundra Cruises



BMW Luxury Car for a Weekend
Collect Friday PM, return Monday AM.
donated by Coastline BMW



Round of Golf at Palmer Coolum Resort
for 2 players including motorized cart.
Value \$195. donated by Palmer Coolum Resort



Breville Café Venezia Espresso/Cappuccino Machine
Value \$190 donated by The Good Guys Warana



Deluxe Pedicure & Half Hour Massage
Value \$125 donated by Skin Sanctuary Moffat Beach



Stockland Gift Card Value \$100
donated by Stockland Caloundra



Olympus VG-160 Digital Camera
Value \$100 donated by OfficeMax



Gift Basket with 5 Bottles of Quality Wine
Value \$70 donated by Shultz Toomey O'Brien Lawyers

BONUS Prizes Full Day Fishing Trip to the best offshore reef grounds on the Sunshine Coast. Leaving from Moloolooba
Value \$200 donated by Odyssey Charters

RAFFLE TICKET PRINTING COSTS KINDLY DONATED BY MIRVAC KAWANA SHOPPING WORLD

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Eco Explorer
Sunset Cruise

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DEEP SEA FISHING

Welcome to our OCEANFest 2013 - Bronze Sponsors



Darren & Erin Carter

12/11 Exeter Way, Caloundra

Phone: 5492 7666

www.computercutsigns.com.au



Michelle Timperley

Phone: 5493 3770

Mobile: 0423 216 779

www.firstclassaccounts.com/caloundra



Sarah & Rob Henry

13 Industrial Ave, Caloundra West

Phone: 5438 1058

www.perryshire.com.au



Sue and Stephen Trevena

1/18 Main Drive, Warana

Phone: 5493 9622

www.kw.kwikkopy.com.au



19 West Terrace, Caloundra

Phone: 5438 5800

www.caloundrarsl.com.au



Rachael Lawrence

786 Nicklin Way, Currimundi

Phone: 5341 8120

www.anytimefitness.com.au



Ken and Rose McBryde

38 Pelican Waters Blvd,
Pelican Waters

Phone: 5492 8280

www.caloundracruise.com



Brad and Ruth Teys

2 Park Place, Caloundra

Phone: 5438 2008

wellsure.com.au



119 Point Cartwright Drive,
Buddina

Phone: 5444 1944

www.kawanashoppingworld.com.au

RIDE PASSES



The OCEANfest **Ride Pass Wrist Bands** will be on sale from next week. Make the most of the opportunity to save \$\$\$ by pre-purchasing before the festival.

The UNLIMITED ride pass per person:
\$27 if purchased BEFORE the festival
 \$35 if purchased on Friday 16th at the event
 \$ 5 individual ride tickets available at the event



All of these seven amazing rides will be available with a **ride pass** for five fun filled hours:

- Dodgem cars proudly sponsored by Suncoast Prestige:
- Giant Slide proudly sponsored by East Coast Shades:
- Jurassic adventure castle
- Cup and saucer
- Round Up
- Kids jumping castle
- Rock Wall



How to Pre-purchase for Only \$27

IN PERSON

Passes will be on sale outside the main office EVERY DAY from Monday, 5th August to Thursday, 15th August between 8.15am - 8.45am and 2.45pm - 3.15pm. Payment method includes cash, cheque and credit card.

OR

Complete the attached ride pass request slip and return in a sealed envelope with cash or cheque details to the main office. Please mark RIDE PASSES on the envelope.

Note: The pre-paid wrist band will be available for collection on Friday, 16th August.



Student Name	Class/PCG
1.	
2.	
3.	
4.	

Payment method :

- Cash: Amount enclosed \$ _____
- Cheque: Please make cheques payable to **Friends of Pacific.**

OCEAN FEST 2013

PACIFIC LUTHERAN COLLEGE

GIFT VOUCHER - \$100

to Pacific Uniform Shop courtesy of Ys Clothing



RAFFLEfest

PRIZE BONUS...

For the clever family who sells the most tickets, they will receive a \$100 gift voucher to the Pacific uniform shop courtesy of *Ys Clothing* and a yummy *Lindor* chocolate tree (handmade by 2P)!

With over \$3,800 worth of prizes, each family is encouraged to sell a book of raffle tickets.

All profits raised from the festival are returned directly back into providing the college community with valuable academic, sporting and cultural resources.

Please Note: return ALL raffle tickets and monies (either sold or unsold) to the main office by Friday, 9th August 2013.

More books available at the office.

Proud Sponsors:



OCEAN FEST 2013

PACIFIC LUTHERAN COLLEGE

Dig for Buried Treasure Comp!

Who will be the lucky one to find the
18ct White Gold Diamond and Gold Pearl Pendant?
6.15pm in THE PLC SANDPIT - 16th August

worth

\$2,500!



 **UNDERWOODS**
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Register and buy your
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the **BIG . . . DIG**

from the Ride Pass
table outside the office
everyday

or

at the Underwoods Stand

@ OCEANfest 2013.

Tickets NOW \$5 pp

Plus . . . 2nd and 3rd prizes to be found!

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