



## PLC App Launched

The Pacific Lutheran College App has been launched. For quick and easy access to the weekly newsletter and notifications of events at the college, just download the Pacific Lutheran College App from the app store onto your phone or tablet device. The app is available for both Apple and Android products.



The college website remains the official point of notification for change of routines but we will also be pushing out these notifications via the college app. To receive these notifications, allow for push notifications when you download the app.

## Principal's Log

It was great to see the large number of parents and students at the Year 9 into 10 subject selection this week. This evening, and the Year 10 into 11 evenings, provided good opportunity for parents and students to learn about the next phase of learning, post school pathways and to ask questions. Thank you to our Director of Teaching and Learning Ms Susan Arahill, Careers Consultant Mrs Ainslie Reid and Heads of Department for their leadership of the evenings over the past fortnight.

Our music students have had the opportunity to be involved in two community events over the last week. A number of students and parents travelled with Ms Karlee Hutchinson to Brisbane to take part in the record breaking *World's Biggest Orchestra* at Suncorp Stadium on Saturday. The Percussion Ensemble led by Mr Basil Barletta was invited to perform for

the opening of the *Hits and Harmonies* performance at the Buderim Memorial Hall on Saturday night. We thank our instrumental music teachers for providing our students with the opportunity to play as part of community events.

Parents have been emailed an invitation to participate in the Annual Parent College Review. Attached to the invitation is a summary of the developments of the past 12 months and details of upcoming improvements. The letter also provides details of how to access the college's School Report located on the website under "A Pacific Education". Both documents are testament to the continual evolving growth and development of the college achieved through the goodwill and commitment of staff, students and parents. Everyone can be very proud of the progress the Pacific community has made and its contribution to the wider community.

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We wish our Year 7 students an enjoyable and worthwhile experience in Canberra over the next week. This is an excellent opportunity for young people to learn more about Australia's rich heritage. We thank teachers Dr Peter McMahon, Mr Damien Evans, Mr Andrew Block, Mrs Leah Croke, Mrs Rowena Marshall, Miss Bronte McMahon and Ms Maggy Holmes for their leadership.

May God equip us to take up the challenge of always speaking well of others.

*Dr Bronwyn Dolling, Principal*

## Daily Bread

### A New Bishop in the Lutheran Church of Australia

Last Sunday at an afternoon Church service in the picturesque South Australian village of Hahndorf, Pastor John Henderson was officially installed as Bishop of the Lutheran Church of Australia, making him the fifth national leader since the Church was formed in 1966.

Who is this new bishop? John was ordained into the pastoral ministry of the Lutheran Church, on 2<sup>nd</sup> January 1982, at Immanuel Lutheran Church Woden Valley, ACT. He has served in various places including Palmerston North in New Zealand, Woodville in South Australia and Victoria. He also served at Dalby on the Darling Downs from 1986 - 1994.

From 2002 to 2008, John was the General Secretary of the National Council of Churches in Australia. He was a founding member and delegation head of the Regional Interfaith Dialogue South East Asia. In this role, he once spoke to a gathering at the Vatican on behalf of the Australian government, addressing the topic *How faith communities contribute to strategies for sustainable regional peace*. John was co-founder of the Australian National Dialogue of Christians, Muslims and Jews. He served on this group from 2003 to 2008. In 2009, John was installed as Principal of Australian Lutheran College and he continued in that role until being elected Bishop of the Church at the Lutheran Church's Convention of General Synod in Adelaide in April this year.

Just prior to being elected bishop in April this year, John was asked to describe what he thought should be the key criteria for good Church leadership. He responded by naming four:

1. Sharing a weighty responsibility for the encouragement and oversight of the doctrinal, confessional and ethical integrity of the Church;

2. A pastor trained in astute listening and in preaching and teaching the Word of God;
3. A human being, needing to trust God for what is not humanly possible; and
4. A sinner dependent on the grace of God, like all other members of the Church.

John and his wife, Valmai, (of 31 years) have three adult children. The Hendersons live in Adelaide which is the Australian city that contains all the major national Lutheran Church Institutions.

Upon his election to the office of Bishop, John spoke to the assembly of Lutheran delegates who had just elected him. He said, 'I am so deeply appreciative and humbled in relation to the task you have placed in front of me. . . . We need to be a listening church. . . . But we trust in our Lord and Saviour. He has not abandoned us . . . We are called to give expression to that Christ, the centre of our faith, to our dying day. I hope that in Christ's name I will be worthy of this task.'

We ask our Gracious God to give wisdom, courage, humility and kindness as he takes up his new service for the Lutheran Church of Australia.



*Pastor Paul Smith*

## From the Director of Students

During the last week of Term 2, I attended the Broadening Restorative Perspectives, International Conference in Melbourne. This was an excellent conference that enabled me to gain a deeper insight into RP and learn from what others are doing in this field. Among the presenters was Dr Vernon Kelly, a practicing psychiatrist and author from the United States. He spoke on how humans share a common

biology of emotions and explained the transformations that take place during restorative processes.

According to Dr Kelly, there is a clear cut biological blueprint in all of us that motivates us to develop relationships with others. Our emotional process is tied up with relationship building and, when relationships breakdown, we are hard wired to feel bad about them. Shame and humiliation are common emotions humans feel when relationships break down. That is why it is important to restore relations through a process and a script that involves clear and positive conversations. Restorative conversations need to be flexible, deal with shame and bring relationships back to a state of health. The perpetrator of the breakdown needs to know that the community is interested in them and the victim that the community knows how they feel.

Healthy communities understand that we cannot isolate other people in shame and the importance of focusing on relationship breakdowns in a non-personal and non-judgemental way. Young people often see their flaws and magnify them making them vulnerable. School communities need to counter this with a positive approach that promotes confident, resilient and optimistic students. At Pacific, our Pastoral Care built around Care, Dignity and Respect for all aims to achieve this. We are all built to live in a community and for connection with others. How we deal with breakdowns is vital to all.

*Mr Brendan Delaney, Director of Students*

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## From the Head of Staff and Students P-5

As I entered the college today, one of the students held the gate open for me. Often we undervalue the positive impact small acts of kindness can have on another person. A smile, speaking in a friendly voice, helping another or doing thoughtful or generous things for someone, can brighten a dull day or invigorate our feelings and emotions. Acting kindly towards another not only makes the receiver feel good, the person performing the actions finds their endeavors fulfilling and satisfying.

Are such behaviours innate or do they need to be learnt? Recent scientific evidence has found that surprisingly, our brains are actually wired to be benevolent. Our social environment is, however, often much directed towards an

“every man for himself attitude” based upon success at the expense of others.

Like any skill, how to speak and act with kindness towards another person is something that can be taught. At the college, the development of social and emotional competencies in students is a major focus. Research regularly re-affirms the ideas that happy, confident and resilient children perform more successfully academically.

Each year, students study the *You Can Do It* program which includes lessons on Getting Along, Persistence, Confidence, Organisation and Emotional Resilience in students. Students work within the framework of Restorative Practices, Christian Studies and devotions programs. In support of these programs this term, students will be trialing study in developing the concept of kindness.

The concepts translate easily from school to home. As a parent, we all want our children to be happy, confident and resilient. We also want our children to act with thought and kindness without the need for extrinsic forms of motivation (prizes). A quick internet search reveals there is a great variety of interesting material available on the topic. The following site which contains a program used successfully in the Colorado Schools District in the United States acts as a great starting point if you are interested in the topic. <http://www.randomactsofkindness.org/>

## Chess

Chess lessons will re-commence this term in Week 4 (Monday, 29<sup>th</sup> July) and run to Week 10 (Monday, 9<sup>th</sup> September). Classes will be run by Mr Tony Powell who already teaches at a number of SCISSA schools and will be supervised by a member of staff.

Lessons will run during lunch time on Monday's. The cost for the terms lessons will be \$50 for the seven weeks lessons. A letter giving further details was given to interested students this week.

## Lost Clothing

I would encourage parents to ensure all items of your children's clothing are labelled. Even at this stage of the term, I am amazed at the volume of clothing sitting in the lost property bin in the office. Every day, hats and other items of clothing are handed in. If labelled, they can be easily returned. If not, parents often face the added expense of replacing lost items.

*Mr David Druery, Head of Staff and Students P-5*

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## Students of the Week

Stars of the Week - This Week Monday, 15<sup>th</sup> July

<b>Prep</b>	Hugh Henry Thor Knox	Luella Holland Bella Lumkes
<b>Year 1</b>	Ainslie Carter Archie Palmer	Riley Dixon
<b>Year 2</b>	Alice Hindmarsh	Mimi Hill
<b>Year 3</b>	Aviva Kelly Amelia Nightingale	Matthias Schlotterbach Blaze Jamieson
<b>Year 4</b>	Sebastian Sorrell Alex Papallo Abby Pukallus	Chloe Fleming Will Allen
<b>Year 5</b>	Lewis Bailey Damon Abraham	Taj Kelly Ben Broderick



## You Can Do It Awards

This week Monday, 15<sup>th</sup> July

*Confidence:* Megan Atkinson and Claudia Booth.

*Persistence:* Keira Hickey

*Getting Along:* Sam McKean, Ash Broome and Liam Russell

*Resilience:* Addison Biggs



## Awards

Congratulations to Jayda Lowe and Jarrod Goodwin for receiving the Mathematics Gold Award.



## 2013 School Fees

Parents are reminded that school fees were due Friday, 12<sup>th</sup> July. Please pay now if you have not already paid. Or, if you are unable to do so and do not have an approved payment plan, please contact the Business office to arrange one.

## LLL School Banking

Students are reminded that LLL school banking is on Tuesday mornings. Please bring your banking to the Bursar's office before 9.00am for processing.

## Personal Development and Outdoor Education

### Personal Development Units Being Covered Term 3

There is much activity in all the year levels again in Term 3 with regards to Personal Development units being covered.

Year 11 students are continuing to complete their Apply First Aid course (with CPR and EAR as compulsory units). This course was formerly known as the Senior First Aid Certificate. All the students registered have completed their practical tests and now are covering theory units such as Managing Incidents, First Aid Around the Home and Sports First Aid.

Year 10 students have begun an Alcohol Education unit. They are investigating topics such as What is a Standard Drink? What is Blood Alcohol Content (BAC)? The Myths and Truths about Alcohol and Sobering Up and Caring for Someone who is Affected by Alcohol. Later in the term, Year 10 students will commence a Sex Education course entitled the Miracle of Human Life - The First 40 Weeks.

Year 9 students in their Rite Journey course are preparing for their five-day Outdoor Education Challenge Camp. They are investigating topics around the central theme of Silence and Solitude. A major focus of the camp will be a 24-hour period they spend in the bush with a buddy on their own. During this time the students must also construct their own shelter for the evening.

Year 8 students have commenced a Sex Education unit entitled The Wonder of Living. Over the next term they will be looking at what makes each of us unique.

### Year 10 Camp

The annual Year 10 camp was held in the last two weeks of Term 2 in Cooloola National Park and also in northern New South Wales. This area alone covered approximately 73,000 square kilometres! The size of the area we operated in was made very obvious to the students, as on the first day three groups were in very wet and muddy Uki, whilst the first canoeing group had to change their program due to a very low Clarence River. Over the next ten days, the groups encountered everything from electrical thunderstorms in the Tweed Border Rangers National Park to severe frosts on the banks of the Clarence River.

A common talking point amongst all groups was leeches! Staff had a chuckle as these tiny sized animals took on enormous proportions as stories were told and re-told by the students about their encounters.

The 24-hour 'solo' experience was a highlight of the camp. The shelters that the students made to sleep in were interesting to say the least. The students did much reflection during their time alone. The *Letters of Pride* that their parents wrote to their son's and daughter's to read whilst on 'solo' had a huge impact. Journaling and letter writing were also very important aspects of the 'solo' experience.

Thank you to the staff that attended the camp Mr Evans, Mr McNee, Mr Simpfendorfer, Miss Johnston and Miss Schultz. Thanks also to Mrs Marshall and Miss Bronte McMahan (our Outdoor Education aides) who oversaw the safety and logistics of the camp whilst it was running.

### Year 7 National Capital Tour

Year 7 students depart this Sunday, 21<sup>st</sup> July for their six-day National Capital tour. The group will return at 2.30pm on Friday, 26<sup>th</sup> July. We wish the students and staff well on their travels.

### Year 9 Challenge Camp

Information regarding this camp was sent to Year 9 families via email on Tuesday, 16<sup>th</sup> July and hard copies were given to the students in their Rite Journey classes on Wednesday, 17<sup>th</sup> July. Parents are requested to read the information letter carefully and to return the Medical and Consent form immediately please. The Parent Information evening for the Year 9 Challenge Camp is on Tuesday, 30<sup>th</sup> July commencing at 6.30pm (not 7.00pm as stated on the 2013 College Calendar). This meeting will be held in rooms L4 and L5.

### Year 11 Mountain Bike September Holidays Expedition

The development of this program is well and truly underway! The group will commence their ride in Stanthorpe's Town Square on Saturday, 21<sup>st</sup> September. Over the next seven days, they will complete two half-day walks in Girraween National Park, ride over 300 kilometres to Boonah (west of Ipswich), complete a day's rock climbing at Minto Crag (near Boonah), ride up the Condamine Gorge and cross the Queensland/New South Wales border five times. This voluntary program is organised by the students with assistance from staff, parents and myself. The expedition will return to Pacific Lutheran College on Saturday, 28<sup>th</sup> September. Any Year 11 students or parents wanting to attend the expedition

should contact Peter McMahon at the college as soon as possible.

*Dr Peter McMahon, Head of Personal Development (incorporating Outdoor Education)*

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## Welcome Kasumi Sensei!

Pacific Lutheran College welcomes Miss Kasumi Makino into the Pacific community. Kasumi Sensei will be staying with Olivia Jessop and her family over the next two terms. A big thank you to the Jessop family for their ongoing support in hosting our Japanese Teacher Assistants. Please make Kasumi Sensei welcome to our college!

*Mrs Michiko Hauser, Head of 6-12 Japanese*

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## The National Self Detection Program for Adolescent Scoliosis

### How Do You Detect Scoliosis?

Simply look for it! It only takes 30 seconds.

Scoliosis is a lateral or sideways curve of the spine.

It usually develops during early adolescence (age 10-13) when growth is most rapid.

The brochure which is available at [www.scoliosis-australia.org](http://www.scoliosis-australia.org) is designed to make parents of school girls aware of the outward signs of scoliosis. This is a health promotion program recommended by the Royal Australian College of General Practitioners and the Spine Society of Australia.

*Mrs Sharon Sellick and Mrs Maree Hooper, School Nurses*

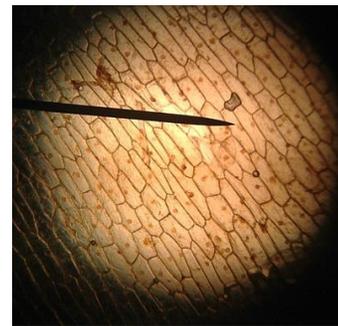


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## Science News

This term in Year 8 Science, the students are exploring the difference between plant and animal cells. During their practical lessons, the students have improved their manipulative skills by preparing their own microscope slides. In order to create a slide with onion cells that was clearly

visible, the students had to stain their samples with iodine before they could study them using a microscope. The picture below was taken by Harry Stone in 8A. Harry discovered that he could hold his iPad over the eyepiece of his microscope and take a photo. Not only can you clearly see the cell wall (and in some cases the cell membrane can be seen inside it), but the staining has also made it possible to see the nucleus as well. What is even more exciting is that it appears that mitosis (cell division) can be seen inside some cells which have multiple nuclei. These cells have been photographed before cleavage (cell splitting), which explains why there are two nuclei inside. This is an excellent example of how iPads are being used by Science students at Pacific to enhance their learning journey.



*Mrs Roxie Fraser*

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## Food for Thought

### Too Much Personal Power

What can be too much personal power? A strong-willed parent or adolescent, for example, may assert an extreme amount of personal power in the family when it comes to pushing for what they desire or to opposing what they do not. If both individuals, feeling similarly entitled, are regularly at cross purposes in the same home, a lot of conflict can ensue. "Yes you will!" is frequently pitted against "No I won't!"

<http://www.psychologytoday.com/blog/surviving-your-childs-adolescence/201306/adolescents-parents-and-the-management-personal-power>

*Mrs Annie Williams, School Counsellor*

## Book Week 2013

### Children's Book of the Year

Book Week, 18<sup>th</sup> - 24<sup>th</sup> August, is when the winner of the Children's Book of the Year Awards are announced. In Library lessons this term, we are looking at the six nominees in each category and exploring the criteria for judging what makes a good book. The nominees are:

<b>Author</b>	<b>Title</b>
<b>Older Readers:</b>	
Grant, Neil	The Ink Bridge
Lanagan, Margo	Sea Hearts
MacLeod, Doug	The Shiny Guys
Touchell, Dianne	Creepy and Maud
Wakefield, Vikki	Friday Brown
Zail, Suzy	The Wrong Boy
<b>Young Readers:</b>	
French, Jackie	Pennies for Hitler
French, Simon	Other Brother
Gleitzman, Morris	After
Hartnett, Sonya	Children of the King
Herrick, Steven	Pookie Aleera is Not my Boyfriend
Millard, Glenda	
Stephen Michael King	The Tender Moments of Saffron Silk
<b>Early Childhood:</b>	
Allen, Emma	
Ill. Freya Blackwood	The Terrible Suitcase
Cox, Tania	
Ill. Karen Blair	With Nan
DeGennaro, Sue	The Pros and Cons of Being a Frog
Dubosarsky, Ursula	
Ill. Andrew Joyner	Too Many Elephants in This House
Harris, Christine	
Ill. Ann James	It's a Miroocool!
Walker, Anna	Peggy
<b>Picture Books:</b>	
Brooks, Ron	
Text. Julie Hunt	The Coat
Goodman, Vivienne	
Text. Margaret Wild	Tanglewood
Gordon, Gus	Herman and Rosie

Lester, Alison                      Sophie Scott Goes South  
 Mullins, Patricia  
 Text. Glenda Millard              Lightning Jack  
 Wilson, Mark  
 Text. Jackie French              A Day to Remember  
*Ms Narelle Keen, Teacher-Librarian*



**Want to help with OCEANFest?**  
 Meeting every Tuesday morning, 8.30am in the library.

### Friends of Pacific

Thank you to everyone who attended the Friends of Pacific meeting this week.

We had a relatively short FOP meeting but then moved on to discussions regarding the OCEANFest.

Everyone is getting quite excited and it is shaping up to be a wonderful event.

Over the next few weeks, we will be putting a call out for items that we may be able to borrow from Pacific families, simple things such as eskies etc.

Please keep an eye out for items that you may be able to help us with.

Thank you also to those people who have contacted FOP lending their expertise and asking how they can be of assistance. It is such a delight when we have members of our community coming forth on their own accord to help. Thank you once again, we greatly appreciate it.

Our email address is [fop@paciluth.qld.edu.au](mailto:fop@paciluth.qld.edu.au)

The next Friends of Pacific meeting is not until September, however, we are having Festival meetings every Tuesday morning 8.30am in the library, all welcome to attend!



*Mrs Tracey Hindmarsh, Friends of Pacific*

## Maths Moment

### Dreamworld Excursion

The Year 11/12 Maths C / Physics classes enjoyed an excursion to Dreamworld this week. They experienced different forces, measured gravity at different stages of rides and will be using this data in their classwork to support their current topics. It was an enjoyable day, free of rain and the students represented the college extremely well.



### Maths Tutoring

The college wants to support students academically and again have tutorials for students in Years 7 to 12 who would like extra assistance or clarification of concepts in Mathematics. These tutorials are on Thursday afternoons from 3.30pm to 4.30pm in room L14 and are supported by Mathematics teachers on a rostered system. Students are welcome to come along for a quiet place to complete Maths classwork, homework or ask for assistance. The expectation is that they work quietly, and that they remain within the room until 4.30pm or picked up earlier by a parent. The section in the Student Handbook on page 178 is to be filled in if you would like your child to attend.

### Maths Competitions

There are many opportunities for keen, mathematically-minded students to participate in.

#### Australian Mathematics Competition:

Students who have achieved high grades in Semester 1 will be invited to participate in this year's AMC. Years 8-12 will sit this competition on Thursday, 1<sup>st</sup> August. They will need to bring pencils, erasers, ruler and compass to room H5 for lessons 1-2. Years 3-7 will sit this competition on Friday, 2<sup>nd</sup> August (due to a sporting clash). They will need to bring pencils, erasers and a ruler. Their class teachers have copies of practice booklets for students.

#### ICAS Mathematics Competition:

All students from Year 3 to 9 as well as Year 10, 11 and 12 Maths B students participate in the ICAS Maths Competition. The date for the ICAS Maths will be during their maths lesson prior to Tuesday, 13<sup>th</sup> August.

#### Year 8 QAMT Quiz:

This week, eight Year 8 students have been busy practising for this year's quiz. They have been developing their mental maths under pressure, problem solving skills in preparation for team and individual rounds and general maths knowledge. Practice will again take place next week on Tuesday and Thursday lunchtimes (in room L14). Round 1 of the quiz will be at Siena Catholic College on Tuesday, 30<sup>th</sup> July, Week 4.

#### Sunshine Coast Mathematics Tournament:

Pacific will be entering a team of five students for each year level 6-12. More details for this to come.

If you have any queries about any of the above, please contact me at the college or email [jsteven@paccluth.qld.edu.au](mailto:jsteven@paccluth.qld.edu.au)

*Mrs Jasmin Steven, Head of Mathematics (Years 6-12)*

## Careers Department News

### 1. AUSTRALIAN DEFENCE FORCE INFORMATION SEMINARS

The following seminars will be held at the Defence Force Recruitment Office at Maroochydore (Level 1, 35 -39 Primary School Court) -

Women in the Army: Wednesday, 31<sup>st</sup> July from 6.00pm - 8.00pm.

Australian Defence Force Careers: Wednesday, 7<sup>th</sup> August from 6.00pm - 8.00pm.

Australian Defence Force Academy: Thursday, 8<sup>th</sup> August from 6.00pm - 8.00pm

Royal Military College: Wednesday, 14<sup>th</sup> August from 6.00pm - 8.00pm.

Please register your interest by calling 5459 8700 or via email [defencejobsmaroochydore@dfr.com.au](mailto:defencejobsmaroochydore@dfr.com.au).

### 2. TERTIARY STUDIES EXPO

A reminder to all Senior College students attending this career event in Brisbane (RNA Showgrounds) this Saturday, 20<sup>th</sup> or Sunday, 21<sup>st</sup> July from 10.00am - 4.00pm, is an excellent career planning activity.

Free admission passes, which enable the entrant to be considered for winning an Apple iPad, are available from the Career Office.

### 3. ACU NATIONAL UNIVERSITY OPEN DAY

Students are reminded that this event happens on Wednesday, 24<sup>th</sup> July from 5.30pm - 8.00pm at the Banyo campus in Brisbane.

Year 12 students can learn about the courses, the Early Achievers program, and scholarships as well as have a tour of the campus facilities.

*Mrs Ainslie Reid, Careers Counsellor*

## Music News

A number of Pacific music students took part in last weekends *The Worlds Biggest Orchestra* attempt at Suncorp Stadium. The event was a part of the Queensland Music Festival and this particular event was hosted by Australian Jazz, brass legend, James Morrison. Over 7,700 music students from

around the state attended. Thanks to Miss Karlee Hutchinson and the parents who supported the students in this venture.



*Mr David Simpfendorfer, Head of Music*

## Drum Beat News

On Saturday night, the Percussion Ensemble from Pacific were invited to perform for the opening of the The Musical Performance, *Hits and Harmonies*, at the Buderim Memorial Hall.

The five members of the Percussion Ensemble group consisting of Mikaela Swan, Lily Croke, Sophie Dahl, Mackenzie Turner and Angus Frahn, performed an impressive piece called *Daddy's Little Blister* that they will be competing with in the upcoming Eisteddfods. They were received by an impressed and very appreciative audience. The group delighted the crowd with their confident playing skills, by smiling through their performance with such obvious enjoyment and thus set a truly memorable benchmark.

The night was a musical trip through the hit songs and barbershop harmonies from past years, with performances by Hot Ginger Chorus, led by Kim Kirkman, the founding member of The Ten Tenors and Brisbane City Sounds directed by the very talented Rosemary McGee.

Also, a big thank you to the parents of the Percussion Ensemble who were there to lend a hand once again.

*Mr Basil Barletta*

## Sports News

### SECONDARY SPORT

Year 8 - 12 House Athletics Carnival -  
Monday, 29<sup>th</sup> July

## 8.30am - 3.15pm at Sunshine Coast University Athletics Track

All students are encouraged to travel on the buses provided by the college. Please contact PCG teachers, in writing, if you would like to transport your child to and from the carnival by private car.

Please contact Mr Graves at school on 5436 7361 if you could help out with a job on the day.

All students are required to attend the carnival and compete in as many events as they choose. Students who are injured or have medical certificates can help out on the day.

Students have been placed in divisions for the sprinting events based on trials and House nominations at school.

The carnival is an important part of developing House spirit and also to select athletics teams for District and Lutheran competition later in the term.

## Year 7 - 12 Term 3 College Sport

Students have been allocated into sports and fitness activities based on their selected preferences and attendance at recent sport trials. Training occurs in school time on Friday afternoon. It is an aim of the college that all Year 7-12 students participate in at least one after school sporting activity for the year.

Year 7-12 girls waterpolo Monday afternoon / evening (games commence Week 5/6)

Open girls soccer Monday afternoon (games commence Week 3)

Year 4-12 kayaking Monday afternoon 3.30pm - 5.15pm (State Titles Week 8)

Open boys soccer Tuesday afternoon (games commence Week 4)

Year 7-12 touch Wednesday afternoon (games commence Week 3)

Open boys AFL Wednesday afternoon (games commence Week 3)

14 years rugby Wednesday afternoon (games commence Week 3)

Year 4-12 kayaking Thursday afternoon 3.30pm - 5.15pm

Year 7-12 basketball Friday afternoon (games commence Week 2)

Draws for each sport will be circulated to students soon.

Buses will be provided for most away venues.

Please contact Mr Graves at school for more information.

*Mr Gary Graves, Head of Sport*

## Pacific Soccer Update



### Round 13 - 13<sup>th</sup> July

The regular fixtures for the 2013 season kicked off again last weekend, and our 16 teams



played at various grounds across the Coast. We had a few teams playing at USC, and thank you again to Stacey for your photos.



In the competitive age groups, we saw some very closely fought games, with the U11 Tigerheads drawing 0-0 against Immanuel Vipers, and the U16/17 Jets had their second draw for the season, sharing the points in a 1-1 game against Palmwoods Commandos.



The U12 Barracudas had a 4-1 win against Unity Pythons. Our two U13 teams, the Seahorses and Marlins, played each other at USC and, in a closely fought game, the Marlins were just ahead 2-1 at half time. The Seahorses scored quickly after the break to even the match. The second half was also very close, with scoring chances for both sides. Although a draw would have been a great result, the Marlins managed to score late in the game, to take the match 3-2.

## Catch Up Games

Last Thursday night, the U11 Tigerheads and U13 Marlins enjoyed playing under lights at Mudjimba, to make up for washed out games from earlier in the season.

The U11 Tigerheads played Sienna Lions (ranked second on the ladder), but were very competitive for the entire match, with great defence and good attacking runs. The final score of 1-0 to Sienna was a credit to the performance of the Tigerheads, and they deserve enormous praise for this result.



The U13 Marlins played Immanuel United who were under strength, so a 10-a-side game was arranged to even the teams. The match was close but the Marlins scored a few late goals to eventually take the game 6-2.

The U12 Barracudas were scheduled to play a catch up game last Tuesday night (16<sup>th</sup> July), but this was also cancelled due to wet weather and a date for the re-match is yet to be decided.

Finally, the U16/17 Jets will be playing Nambour Mountain Lions on Tuesday, 30<sup>th</sup> July at 7.05pm at Mudjimba.

## Home Bake Pie Drive Winter Fundraiser

A reminder that the order forms for the Homebake Pie Drive have been handed out to the team managers, to be issued to each family. The order forms are to be returned this week at training, or at the Saturday match tomorrow (20<sup>th</sup> July). Completed orders will be ready for collection at the Soccer Canteen on Tuesday, 30<sup>th</sup> July from 2.45pm - 3.30pm.

## Round 14 - 20<sup>th</sup> July

This weekend our teams are again playing away games at fields across the Coast.

- U6 Seals, U8 Cobras at Sunshine Beach State School.
- U6 Stingrays, U6 Swordfish, U7 Eels, U8 Pythons, U8 Taipans, U10 Dolphins at Stella Maris.
- U7 Orcas at Sienna.
- U9 Sharks at Maroochydore Fishermans Road.

- U9 Snappers, U11 Tigerheads, U12 Barracudas, U13 Marlins at Russell Barker Park.
- U13 Seahorses at Buddina.
- U16/17 Jets Mooloolah.

Each manager will have game times, or visit [www.SCCSA.org.au](http://www.SCCSA.org.au) or call us for more info.

## Recycle Old Mobiles and Help a Worthy Cause



The program to collect and recycle old mobile phones has been extended and the collection box will remain at the main admin during July and August. Please support this program to raise money for research into childhood cancer, and help our environment. Remember to remove the SIM card and delete personal information.

## Pacific Soccer Contacts

Registrar: Jenny Lee 0400 229908  
jengregg@optusnet.com.au  
Treasurer: Lala Burnes 0404 487701  
lala@assetaccounting.com.au  
President: Ian Barnes 0418 873320  
design.IBAengineers@bigpond.com



Thank you everyone for the support you have provided for Pacific Soccer this season. For more information regarding our teams, our games, or the club, please do not hesitate to contact us.

*Mr Ian Barnes, President*

## Did You Know?

The largest flower in the world is the corpse flower or *Rafflesia*. It grows up to 1.2m wide and it stinks.

## Tuckshop News

Are you able to help out for an hour or two in the tuckshop? We are DESPERATE for helpers at the moment as some of our regular volunteers are now working or are busy having babies.

Don't forget you can order on-line!! Please look at our website for more information.

*Mrs Carrie Dickson, Tuckshop Convenor*

## Uniform Shop

The Uniform Shop is open every:

Wednesday	8.00am	to	9.30am
Thursday	8.00am	to	9.30am
Friday	8.00am	to	9.30am

Now that the cold weather has arrived, we have plenty of jumpers, track tops and track pants available. We also have a school scarf available for \$25.50 that is soft, cosy and warm.

On line ordering is now available. Go to the college website and click on the link or go to [www.flexischools.com.au](http://www.flexischools.com.au) and then find your school.

Orders will be delivered to your child's class room.

*Mrs Donna Hollindale, Uniform Shop Coordinator*

## Upcoming Dates

### JULY

- 20,21 Tertiary Studies Expo - Brisbane
- 21,22 Secondary Qld Cross Country
- 21-26 Year 7 Canberra Trip
- 23 Large Group Photos
- 24 Year 6-12 Parent-Teacher Interviews
- 29 Year 8-12 House Athletics (8.30am - 3.15pm)
- 30 Year 9 Camp Parent Information Evening (7.00pm)

### AUGUST

- 1 District Primary Track and Field
- 1 Year 4-6 SCISSA Trials
- 2 Year 8-12 Javelin / 1500m
- 7 Prep Open Day
- 12-16 Year 9 Camp at Glastonbury
- 15 Year 4-6 SCISSA v Sunshine Coast Grammar School
- 16 Primary Lutheran Athletics Carnival (USC)
- 17 Ocean Festival
- 19-23 Book Week
- 19 Trimester 3 Begins
- 19 Keep Australia Beautiful Week

### PACIFIC LUTHERAN COLLEGE

College Site: Woodlands Boulevard,  
MERIDAN PLAINS QLD 4551  
(via Erang Street)

Principal: Dr Bronwyn Dolling

Main Office Tel: (07) 5436 7300  
Fax: (07) 5436 7301  
Middle & Senior College Office: (07) 5436 7315  
Absentee Line: (07) 5436 7303

[www.pacificlutheran.qld.edu.au](http://www.pacificlutheran.qld.edu.au)  
Email: [admin@pacluth.qld.edu.au](mailto:admin@pacluth.qld.edu.au)



Woodlands Boulevard,  
MERIDAN PLAINS QLD 4551

For ENROLMENTS, please call  
Mrs Chris Henschke (07) 5436 7321

Direct contact phone numbers are:  
Sessional Kindergarten (07) 5436 7377  
Early Learning Centre (07) 5436 7387

### CALOUNDRA LUTHERAN CHURCH



Invites You To  
Sunday Services:

7.45am St Mark's Lutheran Church  
16 Bombala Terrace, Caloundra

9.30am Pacific Lutheran College  
Woodlands Boulevard, Meridan Plains  
Worship in the undercroft area - with  
a special children's program.

For more information contact the Church office on  
5492 8848

*All newsletters can be accessed in a printable  
format via our website*

[www.pacificlutheran.qld.edu.au](http://www.pacificlutheran.qld.edu.au), click on the  
"News and Events" tab, then "Publications".

# OCEAN FEST 2013

PACIFIC LUTHERAN COLLEGE



## FAMILY TWILIGHT FUN

FRIDAY 16TH AUGUST 2013 | 3.15PM TO 8.30PM



- Animal Farm
- Strawberries & Cream
- Showbags
- Face Painting
  - Fun
  - Toys
- Glowsticks
- Popcorn
- Lego Land

- "Endless Summer" Surf Movie (bring your deckchair)
- Lantern Parade
  - Dancers
  - Stalls
  - Film Fest
- Sideshow Alley
  - Rides
- Ride Passes
- Photo Booth

- Live Entertainment
  - Coffee
- Asian Flavours Food
- Raffles
- Licenced Bar
- Exclusive Ocean Pearl to be Won

AND HEAPS, HEAPS MORE FOR ALL OF THE COMMUNITY  
SPECTACULAR FIREWORKS 8.00PM

Pacific Lutheran College  
Woodlands Boulevard  
Kawana Forest



Sea Vista  
Developments



PACIFIC  
LUTHERAN  
COLLEGE



Together we grow for a better tomorrow.

[www.pacificlutheran.qld.edu.au](http://www.pacificlutheran.qld.edu.au)

Welcome to Sea Vista Developments – **Gold Sponsor**

# OCEAN FEST PACIFIC LUTHERAN COLLEGE 2013

Grab a blanket for the family and settle in for the spectacular *Fireworks*  
*presented by Sea Vista at OCEANfest 2013!*



## **About Sea Vista . . .**

Headed up by Mr Alf Sorbello, **Sea Vista Developments** career path in construction across the past six years has been driven by passion.

After many developments of both luxury townhouses and villas here on the Sunshine Coast, Alf understands how fortunate we are living in such a pristine environment, and looks forward to sharing that dream with as many people as he can. The latest release from Sea Vista Developments is located on the corner of White Cedar Drive and Woodlands Boulevard - opposite Pacific Lutheran College.

Sea Vista Developments is a locally owned family business and company which works to build quality townhouses and homes across multiple locations on the Sunshine Coast. They are also a HIA member (Housing Industry Association Pty Ltd).

## **Contact Details**

### **Alf Sorbello**

Office: 12/24 Hooper Road  
Kunda Park QLD 4556  
Phone: 07 5445 8222  
Mobile: 0418 242 446 Email: [seavista@ozemail.com.au](mailto:seavista@ozemail.com.au)



Website: [www.seavista.net.au](http://www.seavista.net.au)

Come to our Kindergarten +

Early Learning Open Day

Wednesday 7<sup>th</sup> August  
9:00 - 11:30am

### WHERE CURIOSITY LEADS TO DISCOVERY

Specialist early childhood teachers and assistants inspire a love of learning in children. Creativity and confidence are nurtured as children explore the Queensland Kindergarten Learning Guidelines. Pacific offers the choice of:

- Kindergarten in a long day model 5 days a week.
- Sessional kindergarten 5 day fortnight.



Scan to watch our  
Early Learning video.

RSVP or enquire by calling  
Mrs Chris Henschke on  
5436 7321 or email  
admin@pacpluth.qld.edu.au



Pacific Lutheran  
EARLY LEARNING

Located  
Woodlands Boulevard,  
Meridan Plains 4551.



Proudly funded and  
supported by the  
Queensland Government

# Book Week 2013

## Costume Parade

When: Monday, 19<sup>th</sup> August

Where: Assembly

What: Dress up in a space-themed costume

Prizes awarded for the most creative and original costumes.

Costume ideas: astronaut, robot, alien, Doctor Who, Star Trek, Star Wars, planet, rocket, star



Read Across the Universe

# Book Week 2013

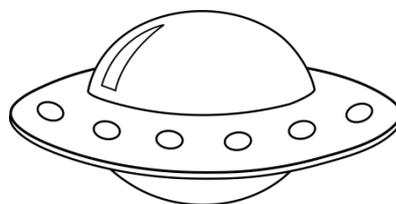
## Sculpture Competition

Make an alien, robot, space ship or other space-themed creation.

Sculptures can be made out of any recycled materials.

Prizes for the most original and creative works!

Due Date: Friday, 9th August



Read Across the Universe

# Michael Griffin

Talking MUSIC PRACTICE: Practise SMARTER  
Powerful Strategies for Musical Success

SATURDAY 20<sup>TH</sup> JULY 2013

Don't Miss Out! Motivational Workshop  
For All Instrument Genres



## CALLING MUSIC TEACHERS, STUDENTS, AND PARENTS!

### WHEN:

Saturday 20<sup>th</sup> July, 2013

-> 1:00pm-2:15pm – Teachers' Workshop

-> 2:30pm-3:45pm - Students, Parents, & Teachers' Workshop

### VENUE:

St. Peter's Anglican Church,  
Cnr. Beach Road & Church Street, Maroochydore

### ADMISSION:

Teachers - \$30.00 | Parents - \$10.00 | Students - \$10.00

Special Family Rate: - \$30.00

### LIMITED PLACES AVAILABLE - TO PRE-BOOK TICKETS:

-> Via PayPal: [mtaq@mtaq.org.au](mailto:mtaq@mtaq.org.au)

-> PayPal Reference: SCWKSP20JULY

-> Via Phone/Email to Sunshine Coast Branch/Group:

-> 07 5443 1009 | [jope10@optusnet.com.au](mailto:jope10@optusnet.com.au)

### Testimonials:

Many thanks. I very much enjoyed your session and thought there was an excellent and engaging mix of talk, your own piano-playing of illustrative extracts, and visuals. I hope we can repeat this process next year.

Lancing College, West Sussex, UK

Soon after your talk on how to practise music, a performance from one of my students showed a 300% improvement! He credits this to what he learned in your workshop.

HOD Music, Sydney Boys High School, Australia

It was great to be able to have an intelligent discussion with someone as knowledgeable, experienced and passionate about things as Michael Griffin is. It's terrific for the students, but also refreshing for teachers.

St Mary's College, Australia

Michael Griffin is an internationally acclaimed lecturer and music teacher. This is a wonderful opportunity and a 'must do' for all serious teachers who wish to achieve maximum benefit and results from their teaching, and for all music students and parents who want to learn new strategies and new skills for more effective and efficient music practice.



<http://www.musiceducationworld.com>

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