

## A Good News Day

Imagine a world, where each Wednesday the media around the world chose to report only good news stories. Stories where people were at their very best. There would be stories of young people reaching out to support others, young people doing extraordinary things, young people making a difference through small acts of kindness and young people being optimistic about life and the future. While we cannot change the media, we can change the flow of news around ourselves. Every day as I walk around the college I see all of these things in our young people and in the adults of our community. We can take up the challenge to be the good news people in the lives of our families, peers and community.

The constant good news we all have the opportunity to share is that of a compassionate and loving God who walks with and through each of us. This is the God who knows each one of us intimately and is ever present. A God who brings hope and light so that we might see and act on what is good.

## Principal's Log

It was great to see the energy and enthusiasm at the Year 3-7 Athletics Carnival yesterday. I whole-heartedly agreed with a parent who commented that they loved to see both the talented young people perform well and also the determined efforts of those with less natural talent doing their best. Thank you to our staff very capably led by Mr Darren Hooper, parents who assisted or came to support their children and to the Friends of Pacific barbecue team led by Mrs Allyson Sarvari. Well done to all of the young people and we look forward to presentations taking place on Monday.

The Year 10 students have been involved in a number of preparatory meetings for their extended outdoor education experience in the final two weeks of this term. This is a unique experience that will provide the opportunity for each young person to grow individually and also in relationship with others as they experience living and adventuring in beautiful bush settings. We thank our accompanying staff members Mrs Denise McMahon, Mr Duncan McNee, Mrs Rowena Marshall, Miss Marnie Finter, Mrs Toni Fisher, capably led by Dr Peter

McMahon. We also thank the four additional staff, three past students and 14 outdoor instructors who will be joining the expedition. We wish them well.



Earlier this week, a number of Year 6 students joined with others from independent schools on the Sunshine Coast to participate in Camp Buranga. At the camp, students had the opportunity to engage in enrichment activities across a range of areas including art, music, maths, science and writing. This is a very stimulating time for students and we thank Mrs Rae Hall for her leadership of the Pacific students and Mrs Amanda Empson for her leadership of the science enrichment activity.

This fortnight we will farewell two staff members. Mrs Wendy Nielsen has been teaching Business and Information Technology at the college and is moving into a new career in the private sector. This is a great opportunity for Mrs Nielsen and we wish her well on her new career path. Mrs Lesley Seto has grown the musical talent of many students over a number of years in her role of piano instrumental teacher and as an accompanist and is looking forward to a well-earned retirement. We deeply appreciate the contribution that each of these women have made to the growth of young people within our community.

We pray that God would equip us to be people who see the good in the people around us. We also pray that His love would flow through us so that we speak and act with compassion.

*Dr Bronwyn Dolling, Principal*

## Appreciation Corner

Thank you to...

... Mrs Wendy Nielsen for her care and teaching of students.

... Mrs Lesley Seto for her years of supporting young musicians.

... Mr Darren Hooper and the PE staff for their leadership of the Year 3-7 Athletics Carnival.

... Mrs Allyson Sarvari and the Friends of Pacific team for hosting the BBQ at the Year 3-7 Athletics Carnival.

... our conscientious teachers who are providing feedback regarding assessments.

... our committed students who are giving their best.

## Daily Bread

**'God, the real man, with a real heart of compassion for you.'**

One of the most cherished 'blessing songs' sung in Lutheran Church congregations provides a very clear picture of God. The song by Aub Podlich, called 'Christmas Blessing' has a lilting tune and the following single verse:

*"May the feet of God walk with you and His hand hold you tight.*

*May the eye of God rest on you and His ear hear your cry.*

*May the smile of God be for you and His breath give you life.*

*May the Child of God grow in you and His love bring you home."*

This song speaks about God as if God had human form with feet, hands, eyes and ears. This idea is central to the Christian message of God's plan of salvation. God wants us to know His true heart of love for us. Therefore, God comes amongst us in the man Jesus. We look at Jesus and see God, as God wants to be truly known.

How does Jesus treat us? He reaches out to us with compassion. He helps the needy. He welcomes the outcast. He heals those who are sick. He weeps with the grieving. He speaks out against injustice and corruption and always calls people to turn from sin to a new life.

This is how the Bible shows us God. A real man, with a real heart of compassion for every person. So whatever the situation, we call to God in prayer knowing that He has promised to be with us always. That is good news for everyone, especially at exam time, when we can ask God to help us through. We also ask God to lead us to grow in our learning, whatever the outcome of assessments.

*Pastor Paul Smith, College Pastor*

## From the Head of Senior School Students

**'2gather 2gether' (Year 12 and Year 2)**

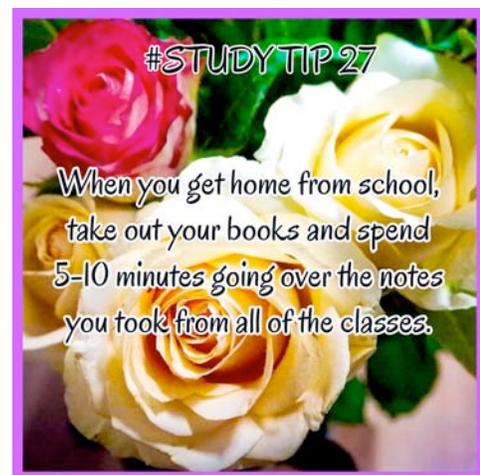
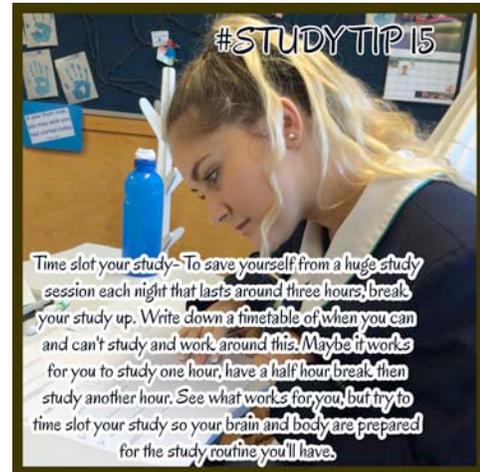
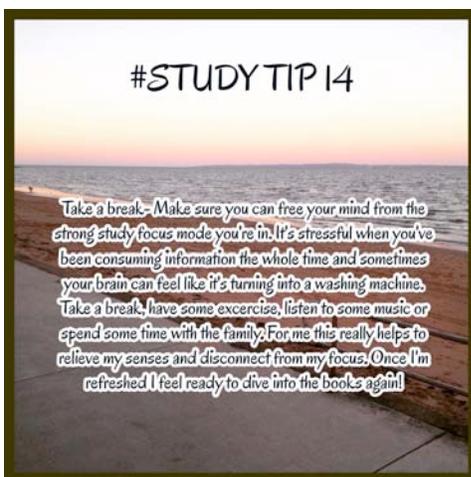
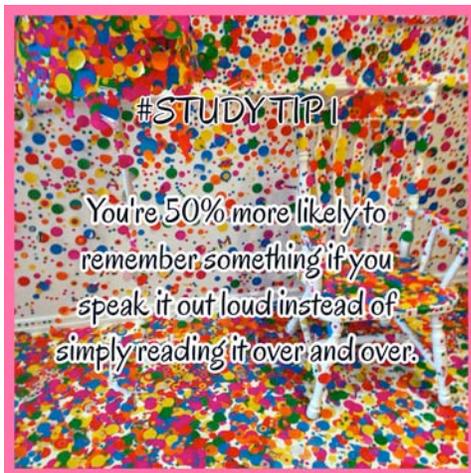
On Tuesday 23<sup>rd</sup> June, the Year 2 and Year 12 students are invited to bring along their lunch (as normal) for a gathering to connect before the holidays. It was really positive to see

connections made between Year 2 and Year 12 students at the Teddy Bear's Picnic event earlier this term. Again, this will be a relaxing and engaging opportunity for Year 12 students to lead a range of activities with the younger students.

## Senior College Exams

Thank you to senior students for the way in which they have approached their exams and conducted themselves. Year 12 students will have QCS practice next Tuesday and Wednesday. The remaining weeks of the school term will see Year 11 and 12 students receive feedback regarding their assessment (an opportunity to reflect and consolidate learning) and start new academic work.

Senior students should take the opportunity to reflect on their learning and efforts so far. Please note; an early holiday break will require students to take the responsibility and acquire missed work. This is an unhelpful cycle for a Senior College student. Students are encouraged to stay focused and have a restful break when the school holidays begin at the end of Week 10.



## Pacific Lutheran Alumni

We would like to thank our past students who have sent through photos and articles for the upcoming Compass Review publication. It has been great to connect with some of our past students and we look forward to hearing more from our Alumni in the future.

## Year 10 Camp

Next Monday 15<sup>th</sup> June, Year 10 students and some staff will depart for camp in Northern New South Wales. Students will work in groups with an instructor and staff member to undertake a number of activities including mountain bike riding, canoeing, hiking and group initiatives. Thank you to Dr Peter McMahon for his organisation and coordination of this outdoor learning experience.

We wish all of the staff and students attending, a safe and enjoyable camp. This will be an unforgettable two weeks, where students will learn more about themselves and about their peers.

*Miss Kim Stone, Head of Senior School Students*

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## Head Lice Are Back!

While children are at school, families will unfortunately have contact with head lice. Anyone can get head lice, as the lice move from head to head without discrimination.

We will never be able to get rid of lice completely, but we can make managing them easier.

### Helpful Hints

- Use the conditioner and comb method every week to detect head lice early.
- Tie hair back to prevent the spread of head lice.
- Speak with your child and discourage the sharing of hats, brushes, combs and hair ties.
- Inform the school if your child is affected by head lice.
- Treat the infestation and continue checking your child's hair daily until all eggs are removed. This is easiest performed in the sunlight, as eggs are more visible.

### Action Taken by Pacific

- Maintaining confidential records of head lice cases.
- Informing families of students in affected class via a letter or email.
- Checking student's hair on return to school following treatment to ensure no live lice are present.
- A follow-up check of student's hair after one week of returning to school.

Should LIVE lice be identified in your child's hair, it will be necessary for them to be collected from the college. Once treatment has been initiated, your child is able to return.

If you are having difficulties with treating head lice or wish to discuss this matter further, please do not hesitate to contact the college nurses.

*Ms Sharon Dean and Mrs Maree Hooper, College Nurses*

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## Food for Thought

## The Rewards of Mindful Parenting

Parenting can be one of the most exhausting, challenging and frustrating tasks that we will ever undertake. But it can also be the most rewarding, exhilarating, exciting and satisfying challenge we ever take on. It is also the one task that we can feel least prepared for. As a parent, you can feel pushed and pulled in many directions so it can be complicated trying to find the space to think and be calm.

Mindful parenting is doing things with your child without having your attention drawn away from what is happening between you in that very moment. Mindful parenting is like a pause to take a small breath. It is a pause that allows you to know what you are feeling, recognise how your children are feeling and what they might need from you then and there.

<https://www.psychologytoday.com/blog/compassion-matters/201311/the-rewards-mindful-parenting>

*Ms Annie Williams, School Counsellor*

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## Friends of Pacific

### Car Park Raffle

It is nearly time for the 'Reserved Car Park' to be raffled again, more details to follow soon!

### Next Meeting – Tuesday 16<sup>th</sup> June

Please join us at the next Friends of Pacific meeting on Tuesday 16<sup>th</sup> June at 7.00pm in the Library meeting room.

Each month we have a guest speaker presenting on different aspects of the college.

This month, our guest speakers are Miss Kim Stone, Mr Brendan Delaney and Mr David Druery who will be presenting 'Enhancing Wellbeing: Nurturing Healthy Relationally Connected People'.

We warmly welcome you to attend.

*Mrs Tracey Hindmarsh, Friends of Pacific Chairperson*

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## Junior College Science

### Science Fair

Students and teachers in the Junior College are amping up for the Science Fair, which will be held next term during National Science Week in August.

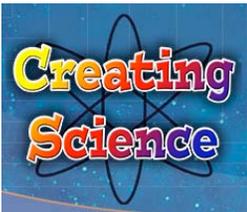


Students have been conducting experiments and questioning investigations across the campus. The Year 5 students visited the Senior Campus and had a hands-on experience with a Hudson Lamp, while the Year 1's are delving into the creepy delights of the human eye.

Last week, Scientists Pip and Pop visited the students at assembly and demonstrated the disaster that occurs when you alter variables in an investigation. Workshops in the Library have also commenced and are being held on a Wednesday afternoon from 3.10pm to 4.00pm.

Submissions for the Science Fair can be made to Scientist Pip (Mrs Hogan in Prep R) or Scientist Pop (Mrs Pollard in D2) at any time and the submission forms for iMovie or boards are available from the main office.

## Doctor Joe Visit



Next Thursday 18<sup>th</sup> June, Doctor Joe will visit the college to deliver a Science show on the subject of light.

Doctor Joe is a Science teacher from Brisbane who brings quality educational and entertaining

experiences to students from Kindergarten right through to tertiary age. If you would like to go online and learn more about Doctor Joe, visit [www.DrJoe.id.au](http://www.DrJoe.id.au).

The show will be tailored to cater to students in Years 3-5, touching on appropriate and applicable curriculum capabilities for Science. Students will be encouraged to engage with Doctor Joe and ask questions.

Doctor Joe is also an author of young adult Science Fiction and fantasy novels. If students are interested in receiving a signed copy on the day, please see the form in the email newsletter. Please read the blurbs carefully, to ensure the book content would be age appropriate for your child.

*Mrs Lu Pollard, Year 3 Teacher*

## Goombuckar Indigenous Cultural Bus

This week, the Goombuckar Indigenous Cultural Bus visited the college to teach our Year 1 and 4 students about our local Indigenous places, people and culture. Students participated in a cultural lesson and an art lesson where they consolidated their learnings in Indigenous Studies with a real life, interactive experience. Year 2 students will experience the Goombuckar Bus when it returns to the college later this year.



*Mr Damian Davis, Year 4 Teacher*

## Library News

### Year 2 Library Work

Last week in our library class, Year 2 students studied the book *Two Summers* by John Heffernan about a farm, which has plentiful rain one year, but is in drought the next. Students discussed how the illustrator showed the changes across time and how the drought affected the farm. In response, students created collages using a combination of green and brown natural materials including leaves, bark and twigs to represent the concepts of wet and dry.



### Year 8 Readers' Cup



Last Tuesday evening, 20 schools across the Sunshine Coast met at Maroochyodre State High School to compete in the Year 8 Readers' Cup competition. Jeshin Chetty-Sardar, Jye Gallagher, Charlie Harrison and Laslo Martin ably

represented our college. The teams had to read six books over two months and work together to answer a series of

questions, involving very detailed knowledge of the texts. Congratulations to our boys for their efforts!

*Ms Nell Keen, Teacher Librarian*

## Music News

### Piano Concert

On Thursday 4<sup>th</sup> June, piano students held their first recital for 2015.

At the afternoon concert, students from Years 2-5 performed. While all students are to be congratulated on their efforts, special mention must go to Year 4 students Alex Hughes (Malaguena), Ainslie Colton (Oom-pa-pa), Emily Jessop (Oom-pa-pa and The Clown) and Henry Friend (18<sup>th</sup> Century Dance). These four students gave confident and sensitive renditions of their chosen pieces. Year 5 students, Jasmin Groves and Seina Keir, were the MCs for the afternoon and both impressed the audience with their level of performance. Seina displayed mastery of syncopated rhythms and complex fingering in her performance of Some Nights, while Jasmin delivered a haunting rendition of Enchanted City.

Year 11 students Kristen Barr, Milli Hurd and Emmalee Stevenson hosted the Senior Concert, which ran in the evening and included students from Years 6-11. Again, while every performance had merit, there are some that deserve special mention:

- Dempsey Hall (Year 6) for an accurate and expressive rendition of Scarborough Fair.
- Imogen Layfield (Year 6) who gave a driving performance of The Medallion Calls.
- Thomas Jessop (Year 7), Stella Teys (Year 8) and Scarlet Hopkins (Year 9) who gave faultless performances in their first concert appearance.
- Deborah Walker (Year 9) who admirably captured the jazz feel of Cruella de Vil.
- Year 10 students Alli Whitmore and Paige Layfield both gave impressive performances of rather contrasting pieces.
- Year 11 students Milli Hurd and Emmalee Stevenson gave skilful renditions, while Kristen Barr's Thank You for Loving Me displayed much musical flair.

- An extra special mention to Year 10 student Tilly Byrne-Kirk who has thrown down the gauntlet to all other piano players at Pacific. Her performance of Woodland Sketch was not only technically brilliant, but displayed mature musical interpretation that captivated the audience.

On this occasion, as I write this last report for my Pacific students and parents, I would like to thank you all for your support during my 10 years at the college. I hope that all of the students in the program will continue with their love of piano playing and I wish them every success in the future.

*Mrs Lesley Seto, Piano Teacher*

### String Concert

The pupils of Miss Karlee Hutchinson gave a most enjoyable and excellent concert on Wednesday 3<sup>rd</sup> June at 3.30pm in the Senior Music Room.

All students executed their prepared pieces with confidence, skill and musicianship.

The afternoon commenced with the junior and intermediate string players - Zebadiah Gallagher, Jack Carmichael, Sebastian Box and Matthias Schlotterbach, Hayley Barrett, Emily Jessop, Jackson Bailey, Jackson Bailey, Matthias Schlotterbach, Jack Carmichael, Sebastian Box, Zoe Teys, Rosy Jordan, Holly Ubrihien, (both playing the cello) Hayley Young and Sarah Jones with the Junior String Ensemble playing admirably Lament, Shoe Symphony and Make it Count to end the first half of the concert.

The second section of the presentation started with the senior students - Ethan Hall, Jye Gallagher, Emily Hacking, (cello) Caitlin Hoffman and Caitlin Hall, with Lauren McCluskey and Olivia McCluskey ending the solo performances with a splendid duet.

The last item was a confident execution by the Senior String Ensemble of a piece by a Brisbane composer Keith Sharp called 'Sailing Home'.

In conclusion, it was a first rate concert, well prepared by Miss Hutchinson and the students who have evolved with a confident and technical approach to all the aspects of performing.

*Mr Adrian King, Head of Instrumental Music*

## Junior Sport

### 3 on 3 Basketball Competition

Next Friday 19<sup>th</sup> June, a 3 on 3 basketball competition will be run for students in Years 3-6. Anyone who is interested is welcome to nominate a team and all ability levels will be catered for on the night (divisions will be sorted based on experience and ability). There will be trophies for the winners of each division.

Teams can be mixed or segregated and comprise of three or four players per team (one substitution). All teams are able to design their own team uniforms and prizes will be given out to most creative uniform.

To be a part of this fun and exciting event, students will need to sign up by **Wednesday 17<sup>th</sup> June** at Mr Hauser's staffroom. All are welcome to play!



*Mr Mark Hauser, Head of Sport*

## Secondary Sport

### Year 7-12 Athletics

The 13 years – open Athletics Carnival will be held on Wednesday 22<sup>nd</sup> July (Week 2 of next term) at the University of the Sunshine Coast.

Parents are asked to please take note that parking at the university costs \$5 for all day.

The 1500m event will take place at lunchtime on Thursday of Week 1 and the javelin event will take place at lunchtime on Friday of Week 1.

All A and B division 100m, 200m and 400m nominations have been decided, however all students are able to participate in all events throughout the day.

### Term 3 Basketball and Touch

The SCISSA touch season begins on the first Wednesday back next term. All involved must have returned consent

forms to Mr Hauser this week. Teams will be selected before the end of term. This year, we have eight represented in the competition. We wish all the best to the teams.

The Sunshine Coast Secondary Schools Basketball competition also begins in Week 1 next term, with all teams playing on the first Friday night back. All consent forms need to be returned to Mr Hauser this week. This year, the basketball competition is bigger than ever, with a staggering 13 Pacific teams being entered. All the best to all teams and coaches!

*Mr Mark Hauser, Head of Sport*

## Pacific Soccer



### QCSA State Titles

The Queensland Christian Soccer Association (QCSA) State Tiles were played last weekend at Redbank Plains, which saw representative teams from South East Queensland compete.

Sadly we do not have any photos to share at this stage, but the Sunshine Coast representative teams had an outstanding weekend! We would like to congratulate the Pacific Soccer players who each gave such a great effort to help achieve the results for this team:

- U10 Sunshine Coast South – 3rd place (Macey Edward, Jonti Fisher, Will Swindles and Aden Gear).
- U11 Sunshine Coast South – 3rd place.
- U12 Sunshine Coast South – 4th place (Frank Butler).
- U13 Sunshine Coast South – 1st place (Damon Abraham and Brock Birch).
- U14 Sunshine Coast South – 3rd place.
- U16 Sunshine Coast North Girls – 1st place (Hannah Abraham).

Congratulations to all our representative players and their teams for your efforts on the weekend. We would especially like to congratulate the U13 South and U16 Girls, who were undefeated, winning each of their five games. We would also like to acknowledge our development players Will Butler, Alex Lee and Henry Friend, who are currently reserves for their U10 representative side and will take part in the upcoming Challenge Cup on 4<sup>th</sup> July.

## Team Photos – Saturday 20<sup>th</sup> June



This year, our team photos will be taken during our home game on Saturday 20<sup>th</sup> June. Photo times will be sent to each manager this week.

Could we please ask our managers and families to be aware that some teams will need to have their photos taken early on Saturday, to be ready for their 8.30 kick-off and the earliest team photo is scheduled for 7.20am. Please keep in contact with your manager to ensure the team is present and ready at the required time.

## Round 11 – 13<sup>th</sup> June

Following the State Titles last weekend, Round 11 fixtures resume this weekend and our teams are all playing away games across the coast. Due to the odd number of teams in the U9 age group, our Pacific Eels have a bye and will not be playing this weekend.

- U6 Flyers, U6 Razors, U7 Jewelfish, U7 Vipers, U10 Taipans at Fishermans Road
- U6 Seadragons, U7 Fireflies, U8 Seals, U8 Stingrays, U8 Swordfish, U15 Torpedos at Palmwoods
- U7 Barracudas at Mudjimba
- U10 Cobras, U13 Hammerheads at Mooloolah
- U11 Sharks at Siena Catholic College
- U12 Snappers at Stella Maris

Each manager will have game times, or visit [www.SCCSA.org.au](http://www.SCCSA.org.au) for more information.

## Looking Ahead ...



Round 12 (20<sup>th</sup> June) and Round 13 (27<sup>th</sup> June) are both home games at Pacific and will

also coincide with the joint hosting of netball fixtures for the Caloundra District Netball Association. We are looking forward to having the netball played again at Pacific! Could we please ask our families to help your team manager with the canteen roster, to ensure the upcoming home games will again be a great promotion for Pacific Soccer, PLC Netball and Pacific Lutheran College.

## Pacific Soccer Contacts

**President:** Ian Barnes 0418873320  
design.IBAengineers@bigpond.com

**Registrar:** Jenny Lee 0400 229 908  
jengregg@optusnet.com.au

**Treasurer:** Lala Burnes 0404 487 701  
lala@assetaccounting.com.au

**Equipment officer:** Lisa Ackerman 0421 352 030  
ml\_ackerman@hotmail.com

Thank you to all our families and supporters for supporting Pacific Soccer. If you have any queries, or if you need any further assistance, please do not hesitate to contact us.

*Mr Ian Barnes, President of Pacific Soccer*

## Church News

### St Mark's Lutheran Church Caloundra

#### Congregation Given 'Homework'?

On Sunday, the congregation was given some 'homework'.

Pastor Ray invited all members and friends to share any ideas of change, small or large, "that might help our congregation become more welcoming and more hospitable". All are invited to put forward suggestions, including Pacific families. Suggestions can be emailed to [ray.morris@lca.org.au](mailto:ray.morris@lca.org.au).

Have fun with your 'homework'. There is no pass or fail, just the joy of being part of His community.

We have received some amazing ideas so far and we thank those who have already responded.

#### Playgroup

A friendly reminder that playgroup continues each Friday from 9.00am to 10.30am near the Prep rooms at Pacific. All are welcome to attend.

#### Thanksgiving Service

St Mark's Lutheran Church is holding one Thanksgiving service on Sunday 21<sup>st</sup> June from 9.00am at Bombala Terrace. All ages are welcome to attend.

*Pastor Ray Morris, St Mark's Lutheran Church Caloundra*

## Uniform Shop

The Uniform Shop is open every:

Wednesday 8.00am to 9.30am  
Thursday 8.00am to 9.30am  
Friday 8.00am to 9.30am

Orders can be placed online via [www.flexischools.com.au](http://www.flexischools.com.au) and will be delivered to your child the following day.

*Mrs Donna Hollindale, Uniform Shop Coordinator*

## Upcoming Dates

### JUNE

- 9-15 Senior College Exams
- 10-12 Middle College Exams
- 15 Year 8 Vaccinations
- 15-26 Year 10 Camp
- 16-17 Year 12 QCS Test Practice
- 16 Friends of Pacific Meeting (7.00pm)
- 25 Term 2 Concludes
- 27 Japan Trip Departs

### JULY

- 1-5 Senior Mt Barney Hike Expedition
- 11 Japan Trip Returns
- 14 Term 3 Commences

## Did You Know?

The word 'taxi' is spelt the same in English, German, French, Swedish and Portuguese!

*All newsletters can be accessed in a printable format via our website*

[www.pacificlutheran.qld.edu.au](http://www.pacificlutheran.qld.edu.au), click on the "News and Events" tab, then "Publications".

### PACIFIC LUTHERAN COLLEGE

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For ENROLMENTS, please call  
Mrs Chris Henschke (07) 5436 7321

Direct contact phone numbers are:  
Room 1 - 5436 7377 Room 2 - 5436 7387

### ST MARK'S LUTHERAN CHURCH

#### Sunday Services:

- 8.00am St Mark's Lutheran Church  
16 Bombala Terrace, Caloundra
- 9.30am Pacific Lutheran College  
Woodlands Boulevard, Meridan Plains  
Worship in the Drama Room.

"Growing in Jesus Christ and Sharing His Love"

For more information, contact Pastor Ray Morris  
on 0429 856 532 or [ray.morris@lca.org.au](mailto:ray.morris@lca.org.au)  
<http://stmarkslutheran.caloundra.com>