



PACIFIC
LUTHERAN
COLLEGE

COMPASS
NO 340 | MAY 2014



Open Day

4th May 2014, 12.30pm - 3.30pm

PACIFIC LUTHERAN COLLEGE is a K-12 independent school that provides a rich education for a well-rounded life. With a strong focus on academic learning and underpinned by Christian values, Pacific provides excellent opportunities for growth through its personal development, outdoor education, pastoral care, sporting and cultural programs. Strong relationships are an important part of this innovative learning community where curiosity, imagination, deep understandings and personal excellence are nurtured.

PHONE Chris Henschke, College Registrar on 5436 7321
LOCATION Woodlands Boulevard, Meridan Plains 4551
www.pacificlutheran.qld.edu.au



SCAN to
visit our
website.



Open Day – Sunday, 4th May 12.30pm - 3.30pm

This Sunday provides an opportunity for families to come and learn more about their child's next stage of learning. As well as inviting new families to the college, existing families are encouraged to take the opportunity to talk to teachers working in the next phases of their child's learning to maximise their child's experience.

The day provides the opportunity to learn about the college's focus on developing deep understanding and making thinking visible through discussion with classroom teachers and curriculum leaders, to enjoy music and drama performances and art displays, to explore student opportunities in sport and unique experiences in the area of technology. You will also have the opportunity to discuss with pastoral leaders the way in which Christian Studies, pastoral care, personal development and outdoor education programs support the growth of young people deeply from within in a powerfully distinctive way. The Coral Café and the Friends of Pacific BBQ will be worth a visit.

Principal's Log

Last Thursday the college remembered the sacrifice of those who served in the defence forces through ANZAC services. RSL President Mr Barry Johnson and Mr Ian Collins attended as representatives of the RSL. Mr Johnson spoke to the students about the significance of Australia choosing to remember sacrifice rather than victory. It was a delight to then see over a hundred of our Middle and Senior College students

attend the ANZAC Day Dawn Service on Friday at Caloundra and show their respect. Thank you to Mr Brendan Delaney and Pastor Paul Smith for their organisation and leadership, to our Senior Concert Band for their very professional musical accompaniment, to our students and to Mr Barry Johnson and Mr Ian Collins for their attendance.

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Visit www.pacificlutheran.qld.edu.au

Families of senior school students took the opportunity to participate in student, teacher and parent conferences earlier this week. These are important learning conversations which can make a significant difference. We thank our students, parents and particularly our staff for being part of these important learning opportunities.

We wish Mrs Laura Bonner and our Middle and Senior College Dance Troupe all the best as they compete at the Sunshine Coast Dance Eisteddfod this Friday night at the Caloundra Events Centre. This is a first for the college and we look forward to ongoing growth.

Pacific Hospitality students will be taking over the Boat Shed restaurant on Tuesday, 10th June. Parents, staff and friends are invited to form their own tables at a cost of \$55 per person for a three course meal. This is a wonderful new experience for our students and I would encourage you to take the opportunity to have a great night out and support a rich learning opportunity for our students. More details are included later in the newsletter under Hospitality News.

The performance for the senior production is fast approaching and promises to provide a powerful piece of drama. Tickets for the performances on Friday, 16th and Saturday, 17th May are available from the Events Centre. We wish Mrs Janine Delaney, Mrs Laura Bonner and the cast and crew all the best as they enter the final phases of preparation.

The Annual Golf Day is also fast approaching on Sunday, 25th May. This is always a great community day where we get to enjoy the golf and each other's company. You can register as an individual player as well as a part of groups of two, three or four players. Registration forms are available at the rear of the newsletter.

We look forward to our Open Day where we have the opportunity to share the rich learning opportunities of the Pacific community.

Dr Bronwyn Dolling, Principal

Daily Bread

From the Darkest Space, Let There Be Light

If you had been told that there were free cars at a local car yard, would you go and hide in a locked shed somewhere?

The first followers of Jesus had been told that His tomb was empty and that He had risen from the dead. So what do His followers do? Do they run to the tomb to discover this amazing life-changing event for themselves? Do they find this awesome

thing that the Lord Himself promised would happen? No. They gather together into a room and lock the doors. They were afraid that maybe they would be the next to be crucified.

How should the Lord Jesus treat them for behaving this way? Should He firmly tell them off for doubting Him and for disbelieving the women who fled from the empty tomb with news of the resurrection?

Jesus chooses a better way. Even though the doors were locked, He appears in the very room where His followers were hiding. (You can do those kinds of things when you are God in the flesh). Then Jesus does not tell them off. He says, "Peace be with you."

Things do not always go the way that we want them too. It is human to be afraid and anxious about things. The resurrection story about the "hiding followers" gives us a glimpse of how God works. He comes to where we are at in the midst of our fears and trouble. In that very place, He gives us the comfort of His presence and He brings us peace. Light appears in darkest of places.

A blessed Easter time to you.

Pastor Paul Smith, College Pastor

From the Head of Senior School Students

Service Learning

An important component in the development of students is inspiring in them the adopting of a sense of civic responsibility to the communities they live in. Volunteering their time in assisting others is a pursuit that will benefit their personal growth and lifelong experiences immensely. A number of students took part in the ANZAC Day service last Friday. Thank you to Mr Brendan Delaney for organising this service event, to staff for supervising and to students and families for their participation.

There are college focused connections to charities each term. Please get involved to support these events. In Term 2, students across the Middle and Senior College have the opportunity, and are encouraged, to think about how they can help others. Below are some of the upcoming service learning opportunities in which students can participate.

Salvation Army, Red Shield Appeal

At the beginning of Week 3, we will begin our next charity focus: the Salvation Army, Red Shield Appeal. We ask for Middle and Senior School students to assist in the 2014 Red Shield Appeal, which is to be held on Sunday, 25th May. It would be excellent to have parents also volunteer their time to support these student volunteers. Year 12 students, we would love to see the whole cohort support this fundraising event (we will be located at Pelican Waters).

If you are able to assist on the day, please contact the Middle and Senior College Administration Office on 5436 7300. Your assistance is appreciated.

Ms Kim Stone, Head of Senior School Students

From the Head of Teaching and Learning K-5

5 Top Tips to Challenge Negative Self-Talk in Children

Self-talk is comprised of the stories we tell ourselves about ourselves, and is sometimes called our ‘inner voice’. It influences our beliefs about who we are, how we fit in the world, and how we feel about ourselves. Persistent negative self-talk can lead to feelings of sadness and hopelessness and, when associated with feeling threatened in situations, people can also experience anxiety. With the onset of anxiety now estimated at six years of age, even very young children are feeling the social and emotional consequences of negative self-talk – social relationships and academic performance are known to suffer when negative self-talk is pervasive.

Happychild spoke with Dr Lauren McLellan, psychologist and clinical researcher at the Centre for Emotional Health, to get her recommendations on what parents and carers can do to challenge negative self-talk in children.

1. Praise Your Child

Genuinely praising a child for their effort reinforces the process of taking positive action, and takes the focus off the end result. “Often, thinking about the outcome is what drives a child’s negative self-talk in the first place,” says Dr McLellan. For example, a child may refuse to participate in an activity for fear he will not perform well, but agreeing to try, and/or even talking about having a go, are positive steps towards participation. “I really liked that

you talked about giving it a go” is one way adults can praise even a subtle shift in a child’s mindset.

2. Encourage Positive Self-Talk

While this may seem obvious, Dr McLellan cautions this is about creating a balanced view of the world, not pretending that everything is rosy. “While we know negative self-talk is not helpful, the objective is not necessarily to achieve overly positive self-talk – we want to acknowledge their negative feelings, but help them to notice the positives in situations too.” For example, at the end of a school day, ask your child to tell you the best thing that happened during the day, or one new thing they learned. Do not dismiss the negative emotions they tell you about, but provide them the opportunity to create positive memories and messages from the day too, explains Dr McLellan.

3. Move Beyond Black and White Thinking

Encouraging flexible thinking helps children to arrive at a more rational response to a situation. Absolute terms such as ‘I never get it right’, ‘I always make mistakes’, ‘Nobody likes me’, are examples of black and white thinking that prevent a child from acknowledging the holistic experience, which undoubtedly includes positives. For example, when a child says, “I’m always bad”, counter with “Maybe you showed some bad behaviour just now, but there have been plenty of times when you have been very helpful / kind / thoughtful.”

4. Act as if the Negative Self-Talk is Not True

Parents can be influenced by their child’s negative self-talk and unwittingly take action that reinforces the belief system. In her practice, Dr McLellan has observed parents rush in to help a child who asserts they cannot do something, or is too scared to try, unknowingly reinforcing the negative thinking. “Avoiding a difficult situation is a coping mechanism that children use, but in the long term it denies them the opportunity to try, and to understand that their negative self-talk was inaccurate.” By encouraging small steps towards completing a task, Dr McLellan says children get the opportunity to achieve success and understand that the task is not so scary, embarrassing, or humiliating after all.

5. Be a Positive Role Model

When parents, teachers or carers model flexible, positive, and open-minded thinking, they are demonstrating the balanced and rational thought process that children need to challenge their own negative self-talk. Clearly, parents are key examples to their children. Dr McLellan also says

carers should be careful how they view and talk about a child with negative self-talk. "Though the child can be frustrating to deal with at times, they will quickly pick up on our negative language about them."

While it is difficult to definitively explain why some children experience negative self-talk (emotional sensitivity and temperament seem to matter), Dr McLellan is certain of the benefits of challenging negative self-talk: "Kids who have a balanced view of themselves tend to develop good social relationships and thrive, enjoying a productive and fulfilling life."

Mrs Sue Zweck, Head of Teaching and Learning K-5

From the Head of Staff and Students P-5

Allergy Awareness Week

Allergy Awareness Week will be held from Monday, 12th – Sunday, 18th May. At Pacific in Prep - Year 5, we have a number of students who can suffer from life threatening allergic reactions when exposed to peanuts or nut products. A number of students can also suffer severe allergic reactions caused by other allergens, including insect bites and a variety of other food products. In the case of peanuts and nut products, avoidance of the food trigger is the only way to prevent a reaction. With the increased emergence of serious allergic reactions amongst children, this issue impacts on the entire college community. It is requested that parents do not send nut or peanut products of any kind to school with their children. Examples of products that contain peanuts are Peanut Butter / Paste, Nutella, Peanut Bars and some muesli bars and health bars. Please read food labelling to ensure that foods sent to school do not contain peanuts.

Term 2 Assemblies

Following the success of last terms split assemblies, the roster for this term assemblies is below. All assemblies will be held in the Sports Hall on Mondays.

Date	P-5 Assembly	Split Assembly Years 3 - 5 8.30am Years P - 2 2.30pm
5 th May		
12 th May		
19 th May		
26 th May		

2 nd June		
16 th June		
23 rd June		

Open Day - Sunday, 4th May

On Open Day, the school will be open for students and their families and the families of prospective students from 12.30pm. A great variety of displays and activities have been planned to highlight the many and varied aspects of education at the college.

Years 3, 5, 7 and 9 NAPLAN

This year's National Assessment Program in Literacy and Numeracy for students in Years 3, 5, 7 and 9 will be held on Tuesday 13th, Wednesday 14th and Thursday 15th May. Further information will be forwarded over the coming weeks.

Mr David Druery, Head of Staff and Students P-5

Food for Thought

Are You Living On Auto-Pilot?

Most people are running on automatic. They have rules, set procedures, or automatic responses for what to think, what to feel, and what to do in various situations-rules, procedures, and responses they learned when they were too young to know any better.

Do you ever wonder how much of your life is lived consciously? How often are you engaged actively in what you are doing day to day and how much is simply you on auto-pilot?

Life is not meant to be lived passively. When you are always comfortable, you are not growing, and when you are not growing you are not living. Break out of the comfort zone and stay out of it.

<http://www.tinyshift.com/how-to-turn-off-auto-pilot-and-live-your-life-to-the-fullest/>

Mrs Annie Williams, School Counsellor

Did You Know?

Boxing is the most popular theme in movies about sport.

School Photos

Prep - Year 5 Monday, 19th May

Years 6-12 Tuesday, 20th May



Every child has received an envelope to place his/her order for individual class photos and a flyer explaining the new on-line payment procedures. If you would like a family photo to be taken (families with two or more children), a family envelope can be collected from Miss Sainty in the office.

All Orders And Payment Are To Be Made On-Line

On-line payment is the preferred method by the photographers. Envelopes are not to be returned to school. Please keep them at home for your reference.

The photographers have an automated system for payments by credit card. You can go online to www.advancedlife.com.au for easy to understand payment instructions. You will receive a receipt number which MUST be written on the order envelope in the space provided.

If paying by cash or cheque, envelope and payment is to be returned to the admin office. Imperative they are returned by **Wednesday, 14th May**. Each child must have a completed envelope, even if you are paying for more than one student in one envelope. Envelopes are not to be placed inside other envelopes. Student order/family envelopes found placed inside other order envelopes will often result in that student missing their portraits as they will not be discovered until after the day of photography.

Filling Out Your Envelop

"Roll Class" is your Year level and class (eg Year 8A - not Mumba 1).

"Year Group" is eg 8 or 3 etc, not 2014 or whatever.

Students are required to wear FULL DRESS UNIFORM on either Monday, 19th May or Tuesday, 20th May.

Miss Carolyn Sainty, Administration Secretary

Influenza

Many people are unsure whether they have a cold or the flu (influenza). The flu is quite different from a cold. The flu is

highly contagious, lasts longer and symptoms are more severe. Symptoms of the flu may include fever, headache, body aches, loss of appetite, runny nose, dry cough and chills and also possibly diarrhea and vomiting. Influenza is spread through droplets, that is coughing and sneezing (can be carried up to one metre in the air).

Paracetamol can be given for high temperatures, sore throats and headaches. Fluids, rest and regular hand washing with soap and water or even a sanitiser gel is recommended. Antibiotics are only prescribed if a secondary infection is suspected, such as ear infection or chest infection.

The Department of Public Health recommends that children / adults who are suspected of having the flu should stay at home.

Consult your GP if you are concerned about yourself or your child's symptoms in any way.

Ms Sharon Sellick and Mrs Maree Hooper, College Nurses

College Dance

** Change of Date – Again! **

The college dance has been postponed further to
FRIDAY, 20TH JUNE

Prep - Year 6	5.00pm - 6.30pm
Years 7-12	7.00pm - 9.00pm

The dance is to raise money for the Cambodian community and the Red Shield Appeal.

Tuckshop Helpers Needed

Have a Day at Tuckshop!

Make some new friends and help your child's school.

If you are interested in assisting by helping in the tuckshop, please return the attached form to the college office as soon as possible.

A roster will be drawn up in the next two weeks and sent home with your child.

If you have any questions, please call Carrie on 5436 7327 for more information.

Mrs Carrie Dickson, Tuckshop Convenor

Year 1 Mother's Day Chapel

The children in Year 1C would like to invite all mothers and grandmothers to a special Mother's Day Chapel to be held on Friday, 9th May at 8.30am to honour and show our appreciation for the special mum's in our lives!

All mothers, grandmothers and special family members are welcome to attend.

Mrs Jodie Connors, Year 1C Teacher

Hospitality News



The Year 10 Hospitality students invite parents and staff to attend the Mexican Fiesta Lunch event that will be held on the Wednesday, 21st May (please see attached flyer for further details).

Year 11 Hospitality would also like to invite parents and staff to come and enjoy an espresso coffee (\$3) and freshly made sweets (\$2) on a Monday morning between 7.45am and 8.15am, encouraging these young Baristas' in their pursuit of a Certificate 1 in Hospitality.

Finally, the Year 12 Hospitality students would like to welcome all parents, staff, family and friends to dinner at The Boat Shed at Cotton Tree on Tuesday, 10th June, where the Year 12 students will take over the restaurant for the evening and be responsible for the food and beverage service. The cost is \$55 for a three course meal. Put together your own table from 2 - 10 people and rsvp to cdevitt@pacluth.qld.edu.au. We look forward to making this an annual event to celebrate the success of the Year 12 Hospitality students.

Mrs Colleen Devitt, Head of Hospitality

Outdoor Education

"Think Outside, No Square Required!" Outdoor Education Open Day Display

Open Day is this Sunday and I am hoping that lots of current parents take the opportunity to have an in-depth look at what happens across the entire scope of the school that your children attend. It is a great opportunity to reflect on the great range of academic, cultural, sporting and other extra-curricular activities that are available to the students and families that attend Pacific.

Our current parents and students are the college's best advertisements. Word of mouth is very powerful. Bring along a friend or suggest parents who are yet to decide where the children are going to school, to come along.

The theme for the Outdoor Education display goes hand in hand with the challenge that the staff have placed before the students in the regular classroom – to develop broader thinking in everything that they learn and how this can be used outside the classroom in their everyday lives. "Think Outside, No Square Required" highlights the many activities that the students face in Outdoor Education have real responses and outcomes to them. Some of these are immediate, whilst others may not become obvious until later that day, the next or maybe a couple of days' time. Laziness in the outdoors has real consequences, as does creative thinking and the actions that ensue!

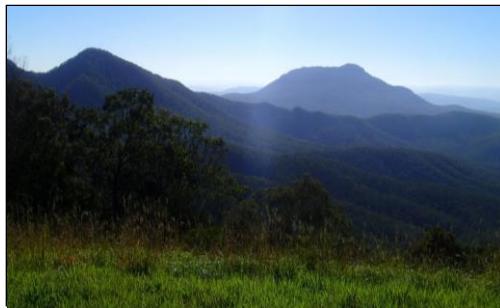
The display will be set up in room S2. There is also a competition to enter where the winner will receive a \$50 gift voucher from Kathmandu. Put your thinking caps on. A hint for the competition, it would be helpful if you knew a little about the highest mountains around the world! I look forward to meeting and talking to many people on Sunday and discussing the concepts around "Thinking Outside".

Year 11 and 12 Easter Holidays Expedition

During the first week of the Easter holidays, 11 students and two staff hiked a large section of Mt Barney National Park near Rathdowney. Whilst bad weather thwarted our attempt to summit Mt Barney East Peak (1368 metres), it did not stop the adventure from going ahead. The students hiked Barney Creek from Lower to Upper Portals, which took three days.

The students devised the menu and were responsible for all aspects of planning and group management whilst they were on expedition. There were several natural blockages that the group needed to traverse each day. Safety and the implications of injury in such a remote setting were issues that all group members were confronted with. Rock hopping up the creek was a real highlight, as were swimming in the many waterholes and waterfalls. Once again the following photos do not do justice to the beautiful environment that we walked through.





Year 10, 11 and 12 September Holidays Mountain Bike and Rock Climbing Expedition

Expressions of interest are being asked for from Year 10, 11 and 12 students and parents who would like to find out more about this expedition being run in the first week of the September holidays (20th - 26th September). The expedition will travel through the New England Tablelands around Tenterfield and Stanthorpe. Students are requested to see Dr McMahon early next week to have their names listed. Parents are welcomed to attend as active participants or safety drivers.

Year 10 Camp Parent Information Evening

Year 10 parents are reminded of the information sharing session on Tuesday, 20th May at 6.30pm in L4 and L5. An information package will be emailed to all Year 10 parents early next week. Please return the Medical and Consent forms as soon as possible.

Dr Peter McMahon, Head of Outdoor Education

Friends of Pacific

"Connecting College and Community"

Planning for the two major events on the Friends of Pacific calendar is well underway. We are grateful for the positive support and commitment that continues to be given.

Golf Day

The Golf Day registrations are building and the day is shaping up to be another well patronised and enjoyable event. Please send in your registrations as soon as possible to assist with planning. We are also still accepting sponsorship, a great way of introducing your business to the Pacific community and supporting the college at the same time. Please email Allyson Sarvari on allyson@jrncleaningservices.com.au or fop@pacluth.qld.edu.au for registrations / questions or sponsorship.

OCEANFest

The next general meeting will be Friday, 2nd May in the P-5 area of the library from 8.30am to 9.30am. Thank you to the many attending. We are very excited that so many have already embraced and shown their support to make this year's OCEANFest an even greater event.

Parent Representatives - Historically the Prep to Year 5's have had parent reps to assist with the flow of information and provide a valuable connecting link for parents and carers. This continues to be the case and Friends of Pacific thank you in advance for volunteering for this role.

We would love to have some more parent contacts in the Middle and Senior College that could assist in strengthening our connections with this section of the college. If you can assist we would love to hear from you!

The next scheduled Friends of Pacific meeting is for Tuesday, 20th May.

Mrs Tracey Hindmarsh, Chairperson Friends of Pacific

Senior Drama Production 2014

The Resistible Rise of Arturo Ui by Bertolt Brecht

The play will be suitable for Middle College and upwards, so stay tuned for more information and keep your eye out for our posters around the school.

Put **Friday, 16th May and Saturday, 17th May** into your calendars as a date claimer for the show.

Tickets are now available from The Events Centre, Caloundra. Please see the flyer at the end of this newsletter for ticket prices and further information.

We would love to see you at The Events Centre!

Mrs Janine Delaney, Director

Maths Tutoring

The college wants to support students academically and again has tutorials for students in Years 7 to 12 who would like extra assistance or clarification of concepts in Mathematics. These tutorials are on Thursday afternoons (in room H5 until building around L14 is completed) from 3.30pm to 4.30pm and are supported by Mathematics teachers on a rostered system.

Students are welcome to come along for a quiet place to complete Maths classwork, homework or ask for assistance. The expectation is that they work quietly and that they remain within the room until 4.30pm or picked up earlier by a parent.

If you have any queries about the tutoring, please contact me at the college or email jsteven@pacluth.qld.edu.au.

Mrs Jasmin Steven, Head of Mathematics

Music News

The Music Department of Pacific would like to extend a very warm welcome back to all enrolled and prospective enrolling music students, and likewise peripatetic music staff in this the second week of Term 2.

We would also extend a sincere salutation to Jenna Wild (Vocal Studies) who is replacing Camille Douthie, currently on maternity leave.

Term 1 was a very busy term which culminated in most of the college's ensembles performing to a high musical standard at the various services.

In the School ANZAC Day Service last Thursday, the Senior Concert Band contributed to the proceedings with excellence, professionalism and dignity. Ben Thomas excelled with his rendition of the *Last Post and Rouse*. Thank you Ben for your dedication and commitment.

The music schedule for Open Day on Sunday, 4th May has been organised.

The Music Department very much appreciate everyone's commitment to this annual event and we look forward to your child being a part of Pacific Lutheran College's performance showcase for 2014

Please see below for further details.

Open Day Program

2014 OPEN DAY MUSIC PERFORMANCES		
	Music Room	Coral Cafe
12.30pm	PLC Senior Choir (Mr King)	PLC Strings (Miss Hutchinson)
12.40pm		Nina Kerridge
12.50pm	Rock Band (Mrs Tuaine)	PLC Strings (Miss Hutchinson)
1.00pm	PLC Junior Voices (Miss Morton)	
1.10pm		
1.20pm	Piano Students (Ms Seto)	Senior Music
1.30pm		
1.40pm	PLC Orchestra (Mr King)	
1.50pm		Piano Students (Ms Seto)
2.00pm		
2.10pm	Vocal Students (Mr King)	
2.20pm		Sophia La Selva
2.30pm	Concert Band (Mr King)	
2.40pm		
2.50pm	Jazz Band (Mrs Tuaine)	
3.00pm		
3.10pm	Percussion (Mr Barletta)	Rock Band (Acc)
3.20pm		
3.30pm		

In addition, the Music Department encourages students with an aptitude and desire to learn an instrument or receive vocal tuition to enrol as soon as possible now in Term 2, as in some cases the music teachers timetables tend to fill up very quickly.

Also, a Reminder

To all students and parents who do enrol for instrumental and vocal tuition:

Conditions of Enrolment

1. Students will commit to the program for a minimum of one semester (two terms).
2. Students will bring all necessary equipment to weekly lessons.
3. Students will maintain their instruments in playing condition.
4. Students will practice at least five times per week.

5. Students will be encouraged to join college bands and ensembles on reaching an appropriate standard.
6. All students in an ensemble will be expected to attend all rehearsals and performances at which they have been requested to play.
7. Invoices will be issued at the commencement of each term, except Term 1, where this will occur at the end.
8. On receipt of invoice, full payment is required within two (2) weeks.
9. Students / parents must notify the teacher 24 hours prior to any planned absences so an alternative lesson time can be arranged. However, if a student falls ill on their lesson day, the office should be notified and a message left for their tutor by 8.30am. No credits or catch up lessons will be necessarily given for lessons missed without prior notification to the teacher
10. To withdraw from the program, one month's notice prior to the end of the school term must be given in writing.

Mrs Aleisha Tuaine, Head of Music

Miss Anita Morton, Head of Primary Music

Mr King, Head of Instrumental Music

More Opportunities to Support Local Musical Organisations

Please join Noosa Chorale in celebrating their inaugural concert at *The J* and their 20th year since establishment.

Noosa Chorale will perform Handel's *Messiah* on Sunday, 8th June at 2.30pm under the baton of Adrian King. For over 250 years, the choral majesty of *Messiah* has captivated and thrilled audiences all around the world with its universal message of good ultimately triumphing over evil.

To purchase tickets or for more information, visit thej.com.au or call 5329 6560.

Please see the attached poster for more details!

In addition, the Sunshine Coast Chorale Society will promote a choral workshop on Haydn's *Creation* this coming Saturday, 3rd May at the Uniting Church, Caloundra. Culminating in a concert performance which will commence at 3.30pm.

The soloists are Lauren Lodge-Campbell (soprano), Phil Prendergast (tenor), Dan Smerdon (bass), Natasha Koch (accompanist) and Adrian King (conductor).

Mr Adrian King, Head of Instrumental Music

Sports News

SECONDARY SPORT

PLC Sport

Last term we had a group of young swimmers being selected in Qld teams via the school pathways, which is a fantastic achievement for all involved. Over the holidays, we also had a range of swimmers competing at the Australian Age Swimming Championships (Kaylee McKeown, Skye Norris and Kieran Bergs). Skye swam in the long distance events for butterfly and Kaylee in backstroke (who actually came 4th in both the 100m and 200m events, swimming up an age division). We congratulate all who swam and are proud of their achievements. Well done to all.

Cross Country

On the last day of last term, all students participated in the Year 8-12 Cross Country Carnival.

It was a great day with students competing well throughout the afternoon's events.

Overall points for the 8-12 Carnival were:

3 rd	Mumba	166
2 nd	Bula	190
1 st	Wira	204

Aggregate results for the Year 3-12 carnivals were:

3 rd	Bula	280
2 nd	Mumba	375
1 st	Wira	420

Congratulations to the following age champions from the day:

AGE	1 ST	2 ND	3 RD
BOYS			
13 Years	L Aldous	L Morris	D Bounty
14 Years	D Chaplin	M Shadforth	A Becker
15 Years	J Hynes	H Greenland	T Turner
16 Years	J Hume	J Taylor	T Harle
Opens	S Hodgson	C Coleman	P De Fries
GIRLS			
13 Years	K Connors	S Gale	N Whiteley
14 Years	G Woods	E McKean	A Thomas
15 Years	J Morris	A Fleming	Z Parfrement
16 Years	G Snelling	T Spurr	S Howell
Opens	S Larsen	O Jessop	S Bradfield

SCISSA Tennis

All the best to our tennis team who begin competing in the SCISSA tennis competition next week. A big thank you to Mrs Evans for volunteering to coach the team and we wish them all the best in their first game against Suncoast Christian College on Wednesday at Pacific.

Basketball News

Over the holidays a group of enthusiastic girls participated in the QLD State Basketball Championships in Brisbane over a four day period. The girls were representing Maroochydore for the State Titles and it was a very steep learning curve for everyone, as it was their first time being exposed to such a high level of competition. All the girls played with great pride and never gave up – representing them and their families extremely well. The experience they gained over the four days was invaluable and will hopefully lead the girls on to bigger and better things in the future. The girls should be congratulated on their performance. The parents were also excellent and I thank them all for their support and for giving up numerous hours to drive the girls to trainings and games. The team was Katelyn Connors, Karlee Connors, Mali Davis, Brooklyn Graves, Sophie Empson, Louella Hindmarsh, Abbey Woods, Abbey Doran and Phoebe Swan.

Mr Mark Hauser, Head of Sport

JUNIOR SPORT

Congratulations to Brooklyn Graves, Sophie Empson, Mackenzie Turner and Nicholas Sarvari who were selected in the Independent District Basketball team. They competed at the Sunshine Coast Regional Basketball trials earlier in the week. All played exceptionally well and learned a lot from the valuable experience. Special congratulations to Brooklyn and Sophie who were both selected in the Sunshine Coast team and will compete in Townsville at the State Basketball Championships later in the term.

Mr Mark Hauser, Head of Sport

Netball Results

PLC 1 defeated Sunshine Coast Grammar School 18-15.
Players Player was Samara Howell.

PLC 2 girls remain undefeated after a great win against Meridan State College, 18 - 8. They played well and worked hard in defence to keep their opposition scoreless in the last quarter.

PLC 3 lost to Meridan State College.

PLC 4 had a forfeited game.

PLC 5 lost to Siena Catholic College 20 - 22. Three points go to Meggy Macdonnell and Charlotte Empson, two points go to Ella Fisher and one point to Brooke Graver.

Mr Damien Johns, Sports Aide

Firebirds Netball Game and Monday Night Netball

Over the long weekend, 40 keen netballers and four equally enthusiastic coaches (Mrs Andrea Burnett, Mrs Toni Fisher, Ms Melissa Pietrala and Mrs Leigh Drogemuller) went to watch the Firebirds play West Coast Fever at the Brisbane Convention Centre. For the first two quarters, it was a tightly contested match. Fortunately the Firebirds came through and took out the game. Each student took away new ways in developing their own netball skills, in their respective positions. I look forward to seeing our PLC players put what they considered an “inspiring game” into action at Monday Night Netball.

As Monday Night Netball advances into Round 8 next week, I would like congratulate all teams on their commitment and passionate attitudes, both on and off the court. We have two teams, Year 9 and Year 10/11 at the top of the leader board, with the Year 9 team looking at also making the finals. With only three more rounds till finals, I would like to take this opportunity to congratulate all five teams and their coaches. On a final note, a big thank you to our large parent support group for their assistance and encouragement.





Mrs Leigh Drogemuller



Pacific Soccer Update



Round 5 - 26th April



Thank you to all our Pacific Soccer teams who provided wonderful entertainment for our spectators last weekend, as our Round 5 games recommenced after the holiday break.

Our U6 - U10 teams continued their regular fixtures, with Round 5 games across the Coast.

Thank you to Stacey Kilburn, and our other photographers, who have each shared their photos of last weekend's action on our Facebook page.



The Pacific Sharks are playing up a year into the U11A age group and scored twice against the table-leading Buderim Hawks, before going down 2 - 4.

U11B Snappers also have several players who are also playing up a year and continued their good form with a nil all draw against Buddina BlueFins.

The U12B Hammerheads continued with a great team performance and were rewarded with a 4 - 1 win against Caloundra Red.

Pacific Seahorses scored against the Chancellor Crusaders and, although they were beaten on the day, they showed the speed, teamwork and commitment on the field, which our spectators have always enjoyed and greatly appreciated.

U14A Marlins were nil all against Palmwoods Vikings at halftime, but let in two goals early in the second half and eventually went down 0 - 4.

Encouragement Awards



After each game, each team presents an Encouragement Award to two of their players to recognise either a player of the match, or to recognise special improvements which a particular player has made during the game. Our Encouragement Awards are donated by local businesses, for which Pacific Soccer has always been most appreciative.

We would like to recognise and express our gratitude to the many businesses who have been so generous in donating encouragement awards this season and we would like our Pacific families to be aware of the generous support which these businesses have provided:

- Pizza Hut Currimundi
- Stockland Caloundra (featuring Wendys, Brumby's and Donut King)
- Zone 3 Warana



PLC Family and Friends Golf Day – Sunday, 25th May



A different “round-ball” game, but it promises to be a great day out for our many keen golfers, when the annual PLC Golf Day is played on Sunday, 25th May at Pelican Water Golf Club.



The course at Pelican Waters was designed by Greg Norman and will provide an outstanding venue for this four ball Ambrose event, which is proudly supported by Friends of Pacific.

The day tees off at 11.00am and, with many great prizes and raffles on offer and challenges on selected holes, it will be a fun-filled day for the entire family. Registration details for teams and individuals are provided at the back of the newsletter, so please get a team together, register now and help to make this another successful PLC Golf Day.

Visit www.pacificlutheran.qld.edu.au

Extra Games for U11B and U12B

Due to the number of teams in these age groups, extra games will be played throughout the season, resulting in Round 19, Round 20 and Round 21.

U11B Pacific Snappers:

- Round 19 at 6.00pm on Tuesday, 6th May at Mudjimba Multisports.
- Round 20 at 6.00pm on Tuesday, 20th May at Mudjimba Multisports.
- Round 21 at 6.00pm on Tuesday, 17th June at Mudjimba Multisports.

U12B Pacific Hammerheads:

- Round 19 BYE
- Round 20 at 6.00pm on Thursday, 22nd May at Mudjimba Multisports.
- Round 21 at 6.00pm on Thursday, 19th June at Mudjimba Multisports.

Friendly Games Between U13B / U14B Teams

Due to the number of byes in the U13B and U14B age groups, we will be playing extra friendly games between the teams in these age groups, to allow the players to have a game each weekend.

U14B Pacific Seahorses will be playing as follows:

- Round 8 at 2.05pm vs U13 Palwoods Raiders at Caloundra.
- Round 11 at 1.55pm vs U13 Caloundra Red at Caloundra.

Round 7 – 3rd May

This weekend we are playing home games at Pacific, with games commencing at 8.30am and the U14 Seahorses playing the final game, which kicks off at 3.30pm. Unfortunately our U14 Marlins are playing away at Sienna Catholic College against Caloundra White, so most of our spectators will not be able to see them play this weekend.

Each manager will have game times, or visit www.SCCSA.org.au or call us for more info.

Pacific Soccer Contacts

Registrar: Jenny Lee 0400 229 908
jengregg@optusnet.com.au

Treasurer: Lala Burnes 0404 487 701
lala@assetaccounting.com.au



Canteen: Kelly Abraham 0488 550 361
betterbooksqld@bigpond.com

President: Ian Barnes 0418 873 320
design.IBAengineers@bigpond.com

Thank you again to everyone for helping to make the start of the 2014 season a great success. We look forward to being able to see our teams on the fields again this weekend.

Mr Ian Barnes, President

Uniform Shop

The Uniform Shop is open every:

Wednesday 8.00am to 9.30am
 Thursday 8.00am to 9.30am
 Friday 8.00am to 9.30am

Mrs Donna Hollindale, Uniform Shop Coordinator

Upcoming Dates

MAY

- 1 Health Heroes Carers Expo
- 1 Year 4-6 SCISSA – Round 4 (12.15pm)
- 4 Open Day (12.30 - 3.30pm)
- 5 Year 8 and 10 Vaccinations
- 5 Year 4-6 SCISSA Training (3.15pm)
- 6 District Training (4.00pm)
- 7 ELC – Mother’s Day Afternoon Tea (1.30pm)
- 8 Year 4-6 SCISSA – Round 5 (12.15pm)
- 9 Year 3-12 District Cross Country Day
- 10 Year 11 and 12 Safe Driver Day
- 11 Mother’s Day
- 12 Trimester 2 Begins
- 13-15 NAPLAN Tests
- 14-17 Senior Drama Production

All newsletters can be accessed in a printable format via our website www.pacificlutheran.qld.edu.au, click on the “News and Events” tab, then “Publications”.

PACIFIC LUTHERAN COLLEGE

College Site: Woodlands Boulevard,
 MERIDAN PLAINS QLD 4551
 (via Erang Street)

Principal: Dr Bronwyn Dolling
 Main Office Tel: (07) 5436 7300
 Fax: (07) 5436 7301
 Middle & Senior College Office: (07) 5436 7315
 Absentee Line: (07) 5436 7303

www.pacificlutheran.qld.edu.au
 Email: admin@pacluth.qld.edu.au



Woodlands Boulevard,
 MERIDAN PLAINS QLD 4551

For ENROLMENTS, please call
 Mrs Chris Henschke (07) 5436 7321

Direct contact phone numbers are:
 Room 1 - 5436 7377 Room 2 - 5436 7387

ST MARK'S LUTHERAN CHURCH

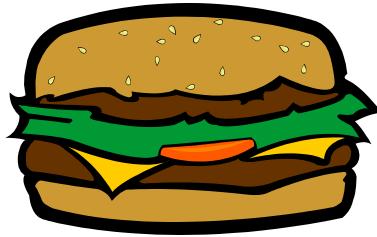


Invites You to
 Sunday Services:

- | | |
|--------|---|
| 8.00am | St Mark's Lutheran Church
16 Bombala Terrace, Caloundra |
| 9.30am | Pacific Lutheran College
Woodlands Boulevard, Meridan Plains
Worship in the Drama Room – with a special children's program. |

“Growing in Jesus Christ and Sharing His Love”

For more information, contact Pastor Ray Morris on 0429 856 532, email: ray.morris@lca.org.au, web: stmarks.lutheran.caloundra.com



Tuckshop Helpers

HAVE A DAY AT TUCKSHOP!

Make some new friends and help your child's school.

**If you are interested in assisting by
HELPING IN THE TUCKSHOP**

**return this form to the College office as soon as possible.
A roster will be drawn up in the next two weeks and sent
home with your child.**

**If you have any questions, please call Carrie on 5436 7327
for more information.**



✗

TUCKSHOP HELPERS

(Please tick the appropriate boxes ✓)

YES I would like to become a tuckshop helper.

I can help: Weekly Fortnightly Monthly

	8.30am - 1.30pm ALL DAY	8.30am - 11.00am MORNING SESSION	12.30pm - 1.30pm AFTERNOON SESSION
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			

Parent / Guardians Name: _____

Surname

Christian Names

Phone

Name of Eldest Child: _____ Grade: _____



Staff
And Only \$4

10.1 Hospitality class

YOU ARE INVITED TO ATTEND THE MEXCIAN FIESTA LUNCH
BANQUET

WEDNESDAY 21ST MAY
1.00PM - 1.40PM

H2, PACIFIC LUTHERAN COLLEGE

RSVP: TUESDAY 13TH MAY, EMAIL MISS DEVITT

cdevitt@pacluth.qld.edu.au

*COST TO BE PAID ON DAY, INCLUDES FREE DRINK

A black and white portrait of George Frideric Handel, a famous composer, with the text "Handel's Messiah" overlaid. The poster also features the Noosa Chorale logo, which includes a circular emblem for their 20th anniversary (1994-2014) and the text "Noosa Chorale".

Celebrating 20 years 1994-2014

Noosa Chorale

Handel's Messiah

Adrian King conducts
Noosa Chorale with Noosa Sinfonia
Gaynor Morgan (Soprano), Sarah Court (Mezzo-Soprano)
Nick Kirkup (Tenor), Samuel Piper (Bass)

Sunday 8th June 2014 – 2.30pm

www.noosachorale.org.au

Tickets \$35 (Concession \$32)

The J
60 Noosa Drive
Noosa Junction

Bookings: www.thej.com.au
Enquiries: 07 5329 6560

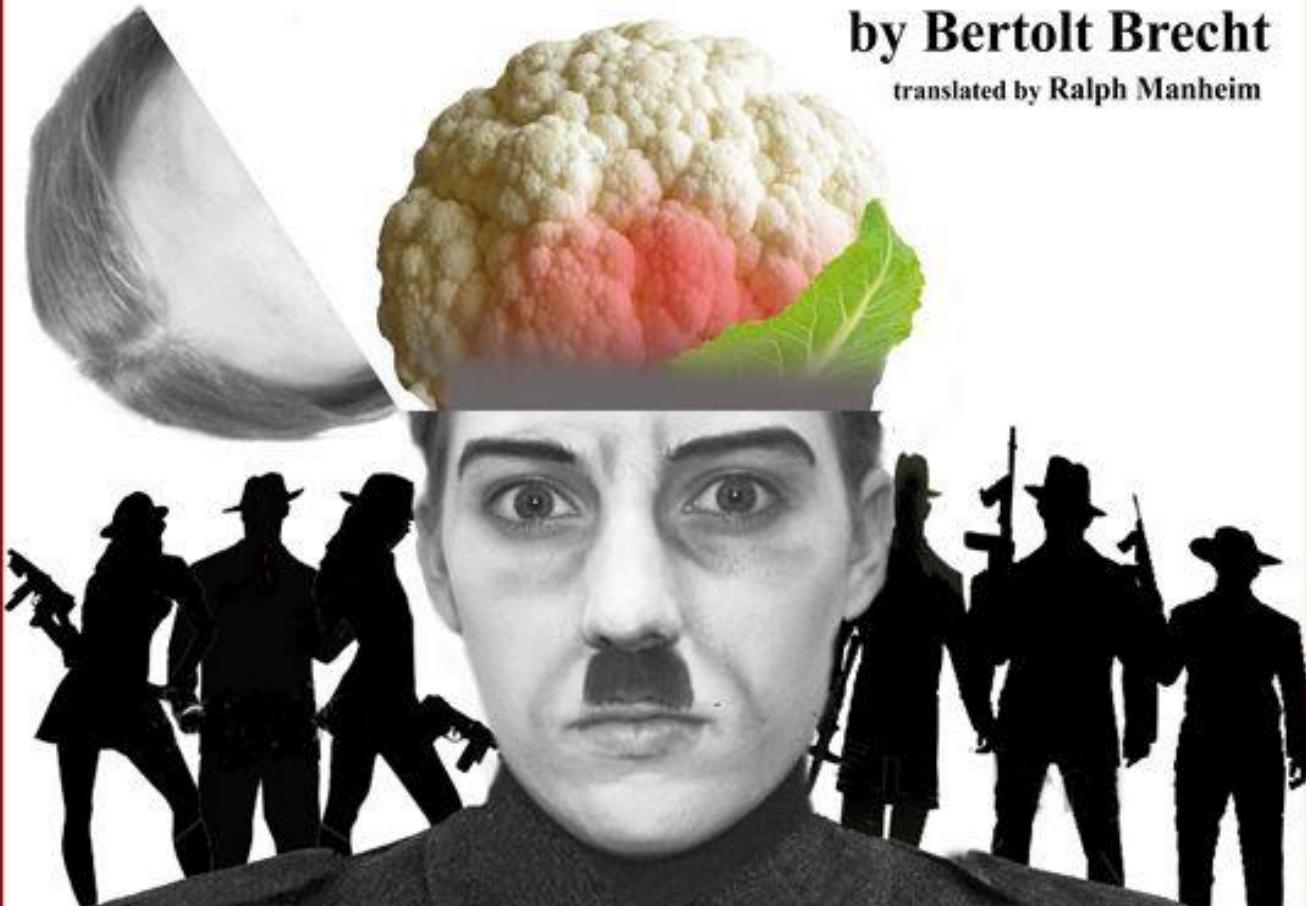
Tewantin Community Bank® Branch Bendigo Bank

Pacific Lutheran College presents
A Gangster Spectacle

THE RESISTIBLE RISE OF **ARTUR UI**

by Bertolt Brecht

translated by Ralph Manheim



May 16th - 17th

Friday Evening 7:30 pm

Saturday Matinee 1:00pm

Saturday Evening 7:30pm

Tickets from The Events Centre
Minchinton Street, Caloundra

\$ 20 Adults

\$ 15 Student / Concession

\$ 60 Family (2 adults, 2 children)

Bookings:

Ph 5491 4240

www.theeventscentre.com

By Arrangement with ORIGIN THEATRICAL on behalf of Samuel French, LTD

PLC Family and Friends Golf Day



The annual event is now a fixture on the PLC Calendar.
Join us for a great day of golf, enjoyable company and
prizes - all for a good cause!



FOUR-BALL AMBROSE

Pelican Waters Golf
Club
40 Mahogany Drive
Pelican Waters

Sunday
25 May 2014

Tee Off - 11:00am

The event is proudly supported by Friends of Pacific. The day last year was a great success - so come along and share in the fun at the world class Greg Norman designed golf course (ranked the best on the Sunshine Coast). Like last year there will be great prizes, raffles and extra fun challenges on selected holes!

SEE YOU THERE

REGISTRATION AND SPONSORSHIP OPTIONS

GOLF
individual player
\$100

Includes
- 18 holes of golf
- PLC Golf goodie bag
- Light meal
- Fabulous Prizes

GOLF
team of four players
\$390

Includes
- 18 holes of golf
- PLC Golf goodie bag per player
- Light meal
- Fabulous Prizes

HOLE SPONSOR ONLY
\$250

Unable to attend the Golf Day
but keen to support PLC?
Be a part of the event by spon-
soring a hole.
Includes signage on sponsored
hole

MAJOR SPONSOR
\$2,500

Includes
- 18 holes of golf for two teams of four
- light meal for all players
- PLC golf goodie bag for all players
- recognition throughout the course
- recognition on all promotional material

HOLE SPONSOR
(including golf - team of four)
\$600 per hole

Includes
- 18 holes of golf team of four
- PLC gift bag per player
- Light meal
- signage on sponsored hole
- recognition on all promotional
material
- Fabulous Prizes

- Major sponsor (\$2,500) *incl 2 teams of 4*
- Hole sponsor with team (\$600) *incl 1 team of 4*
- Hole sponsor only (\$250)
- Individual player (\$100)
- Team of four players (\$390)

Team Name _____

Player Name _____

Handicap _____

#1 _____

#2 _____

#3 _____

#4 _____

contact name _____

email _____

mobile # _____ work # _____ home # _____

address : _____

Credit Card Payment

name on credit card _____ card # _____

expiry date _____ CVV # _____ amount \$_____