

TUCKSHOP MENU

PACIFIC LUTHERAN COLLEGE

2015

BEFORE 8.15AM

Hot Milo	\$2.00
Muffin and Small Drink	\$5.00

SANDWICHES *

Vegemite	\$2.50
Cheese	\$3.00
Egg and Lettuce	\$4.00
Salad (Lettuce, tomato, carrot, cucumber)	\$4.00
Chicken	\$4.00
Chicken and Salad	\$5.00
Ham	\$3.00
Ham and Salad	\$4.50
Tuna	\$3.00

Extras

Toasted	\$0.50
Rolls / Wraps	\$0.50
Toppings	\$0.50

SNACKS

Cheese and Bacon Roll	\$2.50
Cheese and Vegemite Scroll	\$2.50
Sao Biscuits	
with cheese (2)	\$0.80
with vegemite (2)	\$0.80
with cheese and vegemite (2)	\$1.00
4 x Jatz Biscuits	\$0.60
Cheese Pieces	\$0.60

FRESH CHOICES*

Salad Bowl*	\$4.00
Salad Bowl with Chicken, Ham or Egg*	\$5.00
Salad Cup – small*	\$2.00
Gourmet Salad Bowl*	\$5.00
Fruit and Yoghurt Crunch – Large*	\$5.00
QLD Yoghurt – 200g (Passionfruit, Mango)	\$3.50
Boiled Egg –Free Range	\$1.00
Carrot Sticks *	\$0.60
Fruit Salad Cup*	\$2.00
Apple Slinky	\$1.00
Have your own apple turned into a slinky	\$0.20
Watermelon Slice	\$0.50
Sliced Orange	\$1.00
Assorted Sushi Rolls (1/2 size)	\$3.50
Crispy Chicken and Avocado and Teriyaki Chicken	

HOT FOODS / SAVOURY FOODS

Small Skinny Pie	\$2.00
Large Skinny Pie	\$3.50
Large Skinny Sausage Roll	\$3.00
Lite Potato Pie	\$4.00
Tomato Smokie	\$4.00
Cup of Noodles (Beef or Chicken)	\$3.00
Potato Balls (Packet of 5)	\$1.00
Spaghetti Bolognese*	\$4.00
Macaroni and Cheese*	\$4.00
Baked Fried Rice*	\$4.00

See specials board for daily International Tastes.

SAUCES

Tomato, BBQ, Soy, Mayonnaise, Balsamic Dressing	
Sweet Chilli (each)	\$0.30
Hummus Tub*	\$0.40

SWEET TREATS

Banana and Chia Bread* (Egg and dairy free)	\$1.00
Lamingtons	\$3.00
Muffin (Blueberry, Vanilla Choc Chip)	\$3.50
Finger Bun	\$2.00
Custard Tart - Large	\$3.00
- Small	\$2.20
Apple Pies - Large	\$3.00
- Small	\$2.20
Jelly Cup - Large	\$1.00
Jelly and Custard Cup	\$1.00
Custard Cup	\$1.20

*Made fresh in house



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FROZEN ITEMS

Mini Sunny Boys.....	\$1.00
Frozen OJ Cup	\$1.00
Frozen Grapes	\$1.00
Island Way Sorbet - 60g.....	\$2.50
(Lemon Pomegranate, Orange Mango & Red Apple Sorbet)	
- 130g	\$3.50
(Tropical, Coconut and Chocolate Sorbet)	

DRINKS

Plain Milk - 200ml	\$1.20
- 600ml	\$2.20
Dairy Farmers 300ml (Choc, Straw, Coffee)	\$2.20
500ml (Choc, Vanilla Malt, Straw)	\$3.50
Up and Go - 250ml (Choc, Van)	\$2.20
Water - 600ml	\$2.00
- 390ml	\$1.00
GC Pop-Top 250ml (OJ, Apple, Apple B'currant).....	\$2.20
GC Classics 350ml (OJ, Apple, Apple/Mango/Ban) ..	\$2.40
Fruzia Frozen Fruit Slushees	\$2.00
Focus Water (Apple/Rasp, Wildberry, Lmnade)	\$3.00

WEEKLY SPECIALS

Tues / Wed / Thurs

Pre order only (by Morning Tea)

Hamburger \$4.50
(100% Beef patty, lettuce, tomato, cheese and BBQ sauce)

Cheese Burger \$4.00
(100% Beef patty, cheese and tomato sauce)

Chicken Burger \$4.50
(Chicken breast fillet, mayo, lettuce and tomato)

Chicken Kebab \$4.60
(Chicken, lettuce, tomato, cheese and sweet chill sauce, toasted wrap)

Fri

Dino Snacks (Chicken Nuggets) \$0.60

Check out our specials board and the college Facebook page for details of 'International Taste' weeks featuring Italian, Asian, Indian and Mexican food!

ORDERING

- Orders can be placed online using your flexischools account. Visit <http://www.flexischools.com.au> for more information and to register!
- Orders can also be placed with a paper bag (10 cents) to the tuckshop. Please clearly mark your name, class and which break your order is for (morning tea or lunch). All money is to be enclosed.

CONTACT

Tuckshop Convenor: Ms Carrie Dickson
Phone: 5436 7327
Email: cldickson@paciluth.qld.edu.au
Web: www.pacificlutheran.qld.edu.au

Prices as at 14 September 2015 and are subject to change.

